

# SPORT PSYCHOLOGY

Novant Health Sport Psychology seeks to address the psychological needs of athletes. This includes providing support related to mental health, relationships, stress & transitions, sport-related stress, and mental performance.

**We'd love to help you reach your goals.**

## OUR TEAM:



### **Joanne Perry, PhD**

Dr. Perry is a licensed psychologist who is the Director of Sport Psychology at Novant Health. She serves as the team psychologist for the Carolina Panthers, Charlotte Hornets, and USA Field Hockey. Additionally, she is a consultant for NFL Total Wellness. Dr. Perry specializes in athlete mental health and sport performance enhancement.



### **John Brunelle, PhD**

Dr. Brunelle is a licensed psychologist who provides clinical & sport psychological services. Dr. Brunelle specializes in athlete mental health and sport performance, perfectionism, and mindfulness-based interventions. Dr. Brunelle is the team psychologist for USA Taekwondo. He also works with Opera Carolina and Catawba College.



### **Danielle Graham, PhD**

Dr. Graham is a licensed psychologist who provides clinical and sport psychological services. Dr. Graham specializes in athlete mental health, sport performance, and anxiety. She serves as a mental wellness consultant at Lake Norman Charter School. Additionally, Dr. Graham serves as an on-site clinician for USA Field Hockey.



### **Jordan Collins, PhD**

Dr. Collins is a post-doctoral fellow who provides clinical and sport psychological services. Dr. Collins specializes in athlete mental health and sport performance. He completed his pre-doctoral internship at the University of Southern California, specializing in sport psychology. Dr. Collins serves as an on-site clinician for the Charlotte Hornets.

**INTERESTED IN LEARNING MORE OR GETTING CONNECTED?**

Contact our program coordinator, Amy Gemereth, at **704-316-6251**