

25-26 Fall Schedule HFFA/DAVIDSON

Senior 1		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	3:30-5:30P				
Tuesday					HFFA	3:30-5:30P		NOVANT	6:30-7:30p	
Wednesday		HFFA	5-6:30A		HFFA	3:30-5:30P				
Thursday					HFFA	3:30-5:30P		NOVANT	6:30-7:30p	
Friday		HFFA	5-6:30A							
Saturday		HFFA	7-9:30A							
Sunday		HFFA	7-10A							
Senior 2		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	3:30-5:30P		NOVANT	6:30-7:30p	
Tuesday					HFFA	3:30-5:30P				
Wednesday		HFFA	5-6:30A		HFFA	3:30-5:30P		NOVANT	6:30-7:30p	
Thursday					HFFA	3:30-5:30P				
Friday					HFFA	3:30-5:30P				
Saturday		HFFA	7-9A							
Senior 3		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	3:30-5:15P		NOVANT	5:30-6:30p	
Tuesday		HFFA	5-6:30A		HFFA	3:30-5:30P				
Wednesday					HFFA	3:30-5:15P		NOVANT	5:30-6:30P	
Thursday		HFFA	5-6:30A		HFFA	3:30-5:30P				
Friday					HFFA	3:30-5P				
Saturday		HFFA	7-8:45a							
Shark 1		Location	AM		Location	PM		Location	Dry land	
Monday		HFFA	5-6:30A		HFFA	7:00-8:45P				
Tuesday					HFFA	7:00-8:45P		NOVANT	5:30-6:30p	
Wednesday					HFFA	5:15-7:15P				
Thursday					HFFA	7:00-8:45P		NOVANT	5:30-6:30p	
Friday					HFFA	5:30-7:30P				
Saturday		HFFA	9-11A							
shark 2		Location	AM		Location	PM		Location	Dry land	
Monday					Davidson	6:45-8:30p				
Tuesday					HFFA	5:30-7:00p		Novant	7:30-8:30p	
Wednesday					HFFA	5:30-7:00p				
Thursday					HFFA	5:30-7:00p		Novant	7:30-8:30p	
Friday					HFFA	5-6:30p				
Saturday		HFFA	9-11A							
shark 3		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	7:00-8:30p				
Tuesday					HFFA	5:30-7:00p		Novant	7:30-8:30p	
Wednesday					HFFA	7:15-8:45p				
Thursday					HFFA	5:30-7:00p				
Friday					HFFA	5:00-6:30p				
Saturday		HFFA	9:30-11:00a							
Dolphin 1		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	5:30-7:00p		Novant	7:30-8:15p	
Tuesday					HFFA	5:30-7:00p				
Wednesday					HFFA	7:15-8:45p				
Thursday					HFFA	5:30-7:00p		Novant	7:30-8:30P	
Friday					HFFA	5:30-7:30p				
Saturday		HFFA	11:00-12:45p							
Dolphin 2		Location	AM		Location	PM		Location	Dry land	
Monday					HFFA	5:30-7:00P				
Tuesday					HFFA	7-8:30P				
Wednesday					Dav	6:45-8:30P				
Thursday					HFFA	7-8:30P				
Friday					HFFA	6:30-7:45P				
Saturday		HFFA	10:15-11:45A							
Dolphin 3		Location	AM		Location	PM		Location	Dry land	
Monday					DAV	6:45-8:15P				
Tuesday					HFFA	7-8:30P				

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Wednesday				DAV	6:45-8:15P			
Thursday				HFFA	7-8:30P			
Friday				DAV	6:45-8:15P			
Saturday		HFFA	11:00-12:30P					
Marlin 1		Location	AM	Location	PM	Location	Dry land	
Monday				HFFA	5:15-7p			
Tuesday				DAV	6:45-8:15P			
Wednesday				HFFA	5:15-7p			
Thursday				DAV	6:45-8:15P			
Friday								
Saturday		HFFA	8:45-10:15p					
Marlin 2 HFFA		Location	AM	Location	PM	Location	Dry land	
Monday				HFFA	7:00-8:00P			
Tuesday								
Wednesday				HFFA	7:00-8:00P			
Thursday								
Friday				DAV	6:45-8P			
Saturday		HFFA	11-12:15P					
Marlin 2 Davidson		Location	AM	Location	PM	Location	Dry land	
Monday								
Tuesday				DAV	6:45-7:45P			
Wednesday								
Thursday				DAV	6:45-7:45P			
Friday				DAV	6:45-8P			
Saturday		HFFA	11-12:15P					
Marlin 3 HFFA		Location	AM	Location	PM	Location	Dry land	
Monday				HFFA	5:30-6:15P			
Tuesday								
Wednesday				HFFA	5:30-6:15p			
Thursday								
Friday								
Saturday		HFFA	11:45-12:45P					
Marlin 3 Davidson		Location	AM	Location	PM	Location	Dry land	
Monday								
Tuesday				DAV	6:45-7:30P			
Wednesday								
Thursday				DAV	6:45-7:30P			
Friday								
Saturday		HFFA	11:45-12:45P					
Masters		Location	AM	Location	PM	Location	Dry land	
Monday		HFFA	5:15-6:30A					
Tuesday		HFFA	5:15-6:30A	HFFA	12-1P			
Wednesday								
Thursday		HFFA	5:15-6:30A	HFFA	12-1P			
Friday		HFFA	5:15-6:30A					
Sunday		HFFA	10-11:30A					