

2026 NCAC Spring-Summer Meet Schedule (Tentative)

April 25-26	NCAC Quad Meet (All NCAC Athletes)	Koury
April 29-May 2	Ft Lauderdale Open (Jr. Nat Qualifiers)	Ft. Lauderdale, FL
May 15-17	Meet on the Hill (All NCAC Athletes)	Koury
May 30-31	Open Water Champs (All NCAC Athletes)	Seven Lakes
June 12-14	GCY Sprint and Distance Meet (All NCAC Athletes)	GAC
June 25-28	EAC Independence Meet (All NCAC Athletes)	GAC
July 9-12	Sr. Champs (Qualifiers)	Cary
July 16-19	Age Group Champs (Qualifiers)	GAC
July 22-26	NCSA's (Qualifiers)	Indy
July 28-August 1	Nationals (Qualifiers)	Irvine, CA
July 30-August 2	Tar Heel States (All NCAC Athletes)	Koury
August 3-7	Jr. Nationals (Qualifiers)	Irvine, CA