



NCAC Code of Conduct

All team members, team staff, and parents are responsible for conducting themselves according to the North Carolina Aquatic Club (NCAC) Code of Conduct.

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors, and the public at all times.
- b. Swimmers, staff, coaches, and parents are to refrain from any immoral, inappropriate, or offensive behavior such as abusive or inappropriate action toward another person. This includes but is not limited to bullying of any type per USA Swimming Code of Conduct and the Bullying Policy
- c. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its teaching, training, or performance objectives.
- d. The possession or use of alcohol or tobacco products by any athlete is prohibited at training or competitive facilities or at team activities including but not limited to meets, travel trips, team transportation, team social functions (e.g., banquet), and practice.
- e. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- f. No “deck changes” are permitted. Athletes are expected to use available changing facilities.
- g. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- h. Swimmers are to refrain from use of inappropriate language at team activities and events.
- i. Team members are reminded that when competing in meets, traveling on trips, and attending other team events, activities, and functions that they represent both themselves and NCAC. Athlete behavior must positively reflect the high standards of NCAC.

Failure to comply with the Code of Conduct may result in disciplinary action. Such discipline may include but is not limited to:

1. Dismissal/removal from the trip, competition, events, or activity and immediate return home at the athlete's expense
2. Disqualification from one or more events
3. Disqualification from future trips, competition, events, or activities
4. Financial penalties
5. Dismissal from the team
6. Proceedings from a LSC or USA Swimming Board of Review

If violations include a Safe Sport concern, the incident will be reported via the Safe Sport policies/procedures.