



Raleigh Swimming Association

www.swimrsa.org

2025-2026 Meet and Events Calendar

Date	Event	Location	Attendance	Info
1/16/26-1/18/26	RSA Winter Tri Meet	Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
1/24/25-1/25/26	MOR Snowflake Meet	Ravenscroft Pool 7409 Falls of Neuse Road Raleigh, NC	All Athletes 8 Years Old and Younger as of January 24, 2026 Except Tarpon	Meet Signup
2/12/26	RSA Cupid Cuts Meet: Session 1	Sonner 3:30pm	Coach Selection	Meet Signup
2/14/26	RSA Cupid Cuts Meet: Session 2	Sonner 11:00am	Coach Selection	Meet Signup
2/14/25-2/15/25	CAT Valentine Splash Meet	Orange County Sportsplex 101 Meadowlands Drive Hillsborough, NC	All Practice Groups Except Seahorse, SeaStar, and Tarpon	Meet Signup
2/19/26-2/22/26	NCS Short Course Senior Championship Meet	Triangle Aquatic Center 275 Convention Drive Cary, NC	Qualifiers	Meet Signup

2/26/26- 3/01/26	NCS Short Course Age Group Championship Meet	Triangle Aquatic Center 275 Convention Drive Cary, NC	Qualifiers	Meet Signup
3/05/26- 03/08/26	Southeastern Meet of Champions (THIS IS NOT A TEAM TRAVEL TRIP.)	Augusta, GA	15 Years Old or Older as of March 6, 2026 Qualifiers	Meet Signup
3/07/26	Shamrock Showdown Meet 1 USAS Block Party	Sonner 10:00am-1:00pm	Athletes 11-14 Years Old As Of 3/07/26	Meet Signup
3/07/26	Shamrock Showdown Meet 2 USAS Block Party	Sonner 1:00pm-3:00pm	Athletes 10 Years Old and Younger As Of 3/07/26 Except Tarpon	Meet Signup
3/19/26- 3/22/26	Age Group Sectionals Meet	TBD	Qualifiers	Meet Signup
3/14/26- 3/15/26	MOR Reagan Rocks Meet	Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC	All Practice Groups Except Seahorse and Tarpon	Meet Signup
3/26/26- 3/29/26	NCAC Spring Tar Heel States	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC	All Practice Groups Except Seahorse and Tarpon	Meet Signup
3/30/26- 4/05/26	Tentative Spring Break	Sonner and Sunset	All Practice Groups	Enjoy the Break!

4/11/26- 4/12/26	Carolina Crown Meet	Charleston, SC	Selected Athletes	Lead Coach Email
4/24/26- 4/26/26	RSA Warm Up to Long Course Meet	Pullen Aquatic Center	All Athletes Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
5/09/26	Swim-A-Thon Event Day	Sonner	All Athletes Who Fundraise at Event Entry \$	Lead Coach Email
5/14/26- 5/17/26	SWIMAC Charlotte Open Meet	Mecklenburg County Aquatic Center 800 E Martin Luther King Blvd Charlotte, NC 28202	Futures, Juniors, and National Qualifiers	Meet Signup
5/15/26- 5/17/26	NCAC Meet on the Hill Meet	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC	All Athletes Who Do Not Have Futures, Juniors, and Nationals Cuts Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
5/16/25	May Madness Mock Meet	Sonner 11:00am-1:00pm	Tarpon, Minnow, Seahorse, and SeaStar; Lead Coach Approval Required for Tarpon	Lead Coach Email
5/30/26	May Mayhem Meet 1 USAS Block Party	Sonner 10:00am-1:00pm	Athletes 11-14 Years Old As Of 5/30/26	Meet Signup

5/30/26	May Mayhem Meet 2 USAS Block Party	Sonner 1:00pm-3:00pm	Athletes 10 Years Old and Younger As Of 5/30/26 Except Tarpon	Meet Signup
5/30/26- 5/31/26	NCS Open Water Championship Meet	Lake Echo Seven Lakes, NC	Barracuda, Bowfin, Cobia, Mackerel, PreSenior, Redtail, Senior Gold, Senior Onyx, and Senior Silver	Meet Signup
6/05/26- 6/07/26	STAR Andrew Hartle Invite Meet	Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC	All Athletes Who Are Thirteen (13) Years Old or Older As Of 6/05/26	Meet Signup
6/13/26- 6/14/26	MOR Liberty Meet	Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC	All Athletes Who Are Twelve (12) Years Old Or Younger As Of 6/13/26 Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
6/26/26- 6/28/26	Planet Swim Summer Invite	Ponte Vedra, FL	Athletes Who Are Thirteen (13) Years Old Or Older As of 6/26/25 AND Have An 'A' Time in Their Respective Age Group (13-14, 15-16, or 17-18)	Meet Signup
6/26/26- 6/28/26	MOR Long Course Qualifier Meet	Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC	Coach Selection	Meet Signup

6/29/26	Firecracker Fast Meet 2 USAS Block Party	Sonner 5:00pm-8:00pm	Athletes 10 Years Old and Younger As Of 6/29/26 Except Tarpon	Meet Signup
7/01/26	Firecracker Fast Meet 2 USAS Block Party	Sonner 5:00pm-8:00pm	Athletes 11-14 Years Old As Of 7/01/26	Meet Signup
7/02/26	RSA Punch Your Ticket Meet	Sonner	Coach Selection	Meet Signup
7/09/26- 7/12/26	NCS Long Course Senior Championships Meet	Triangle Aquatic Center 275 Convention Drive Cary, NC	Qualifiers	Meet Signup
7/16/26- 7/19/26	NCS Long Course Age Group Championships Meet	Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC	Qualifiers	Meet Signup
7/24/26- 7/26/26	RSA Flip Flop Meet (short course yards)	Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC	All Athletes; SeaStar and Seahorse athletes require coach approval	Meet Signup
7/29/26- 8/01/26	TYR Futures Meet	Madison, WI	Qualifiers	Meet Signup

7/29/26- 8/01/26	Age Group Zones Meet	Orlando, FL	Selected Athletes	Lead Coach Email
7/30/26- 8/02/26	NCAC Tar Heel States	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC	All Athletes; SeaStar and Seahorse athletes require coach approval	Meet Signup
8/03/26- 8/07/26	Speedo Junior Nationals Meet	Irvine, CA	Qualifiers	Lead Coach Email

Rev. 1/11/26 Ilh Schedule is subject to change at any time. **Yellow** highlight denotes a change to the schedule since the last revision.