



# Raleigh Swimming Association

www.swimrsa.org

## 2025-2026 Meet and Events Calendar

Date	Event	Location	Attendance	Info
12/10/25-12/13/25	Winter Junior Nationals Meet	TBD	Qualifiers	Coach Signup
12/12/25-12/14/25	STAR Triad Tropic Meet	Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC	Barracuda, Bowfin, Cobia, PreSenior, Redtail, Senior Gold, Senior Onyx, and Senior Silver	Meet Signup
12/15/25	General Membership Meeting	Sonner Gym 6:30pm or Zoom	All Adult Members In Good Standing	Board President's Email
12/20/25	Reindeer Games 1 USAS Block Party	Sonner 10:00am-1:00pm	Bluegill, Dolphin, Jack 2, Sunfish, and Wahoo	Meet Signup
12/20/25	Reindeer Games 2 USAS Block Party	Sonner 1:00pm-3:00pm	Jack 1, Minnow, Nova, Seahorse, SeaStar	Meet Signup
12/24/25-12/26/25	Winter Break	Sonner and Sunset	All Athletes	Happy Holidays!

<b>12/31/25- 1/02/26</b>	<b>Winter Break 2</b>	<b>Sonner and Sunset</b>	<b>All Athletes</b>	<b>Happy New Year!</b>
<b>1/03/26</b>	<b>RSA Go the Distance Day Meet</b>	<b>Sonner</b>	<b>Barracuda, Bowfin, PreSenior, Redtail, Senior Gold, Senior Onyx, and Senior Silver; Coach Approval Required For Bluegill and Wahoo</b>	<b>Meet Signup</b>
<b>1/09/26</b>	<b>STAR Friday Night at the Races Meet</b>	<b>Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC</b>	<b>Barracuda, Bowfin, Cobia, PreSenior, Redtail, Senior Gold, Senior Onyx, and Senior Silver</b>	<b>Meet Signup</b>
<b>1/16/26- 1/18/26</b>	<b>RSA Winter Tri Meet</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC</b>	<b>All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>1/24/25- 1/25/26</b>	<b>MOR Snowflake Meet</b>	<b>Ravenscroft Pool 7409 Falls of Neuse Road Raleigh, NC</b>	<b>All Athletes 8 Years Old and Younger as of January 24, 2026 Except Tarpon</b>	<b>Meet Signup</b>
<b>2/12/26</b>	<b>RSA Cupid Cuts Meet: Session 1</b>	<b>Sonner 3:30pm</b>	<b>Coach Selection</b>	<b>Meet Signup</b>
<b>2/14/26</b>	<b>RSA Cupid Cuts Meet: Session 2</b>	<b>Sonner 11:00am</b>	<b>Coach Selection</b>	<b>Meet Signup</b>

<b>2/14/25- 2/15/25</b>	<b>CAT Valentine Splash Meet</b>	<b>Orange County Sportsplex 101 Meadowlands Drive Hillsborough, NC</b>	<b>All Practice Groups Except Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>2/19/26- 2/22/26</b>	<b>NCS Short Course Senior Championship Meet</b>	<b>Triangle Aquatic Center 275 Convention Drive Cary, NC</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>2/26/26- 3/01/26</b>	<b>NCS Short Course Age Group Championship Meet</b>	<b>Triangle Aquatic Center 275 Convention Drive Cary, NC</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>3/06/26- 03/09/26</b>	<b>Southeastern Meet of Champions</b>	<b>Augusta, GA</b>	<b>15 Years Old or Older as of March 6, 2026 Qualifiers</b>	<b>Meet Signup</b>
<b>3/07/26</b>	<b>Shamrock Showdown Meet 1 USAS Block Party</b>	<b>Sonner 10:00am-1:00pm</b>	<b>Athletes 11-14 Years Old As Of 3/07/26</b>	<b>Meet Signup</b>
<b>3/07/26</b>	<b>Shamrock Showdown Meet 2 USAS Block Party</b>	<b>Sonner 1:00pm-3:00pm</b>	<b>Athletes 10 Years Old and Younger As Of 3/07/26 Except Tarpon</b>	<b>Meet Signup</b>
<b>3/19/26- 3/22/26</b>	<b>Age Group Sectionals Meet</b>	<b>TBD</b>	<b>Qualifiers</b>	<b>Meet Signup</b>

<b>3/14/26- 3/15/26</b>	<b>MOR Reagan Rocks Meet</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC</b>	<b>All Practice Groups Except Seahorse and Tarpon</b>	<b>Meet Signup</b>
<b>3/26/26- 3/29/26</b>	<b>NCAC Spring Tar Heel States</b>	<b>Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC</b>	<b>All Practice Groups Except Seahorse and Tarpon</b>	<b>Meet Signup</b>
<b>3/30/26- 4/05/26</b>	<b>Tentative Spring Break</b>	<b>Sonner and Sunset</b>	<b>All Practice Groups</b>	<b>Enjoy the Break!</b>
<b>4/11/26- 4/12/26</b>	<b>Carolina Crown Meet</b>	<b>Charleston, SC</b>	<b>Selected Athletes</b>	<b>Lead Coach Email</b>
<b>4/24/26- 4/26/26</b>	<b>RSA Warm Up to Long Course Meet</b>	<b>Pullen Aquatic Center</b>	<b>All Athletes Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>5/09/26</b>	<b>Swim-A-Thon Event Day</b>	<b>Sonner</b>	<b>All Athletes Who Fundraise at Event Entry \$</b>	<b>Lead Coach Email</b>
<b>5/14/26- 5/17/26</b>	<b>SWIMAC Charlotte Open Meet</b>	<b>Mecklenburg County Aquatic Center 800 E Martin Luther King Blvd Charlotte, NC 28202</b>	<b>Futures, Juniors, and National Qualifiers</b>	<b>Meet Signup</b>

<b>5/15/26- 5/17/26</b>	<b>NCAC Meet on the Hill Meet</b>	<b>Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC</b>	<b>All Athletes Who Do Not Have Futures, Juniors, and Nationals Cuts Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>5/16/25</b>	<b>May Madness Mock Meet</b>	<b>Sonner 11:00am-1:00pm</b>	<b>Tarpon, Minnow, Seahorse, and SeaStar; Lead Coach Approval Required for Tarpon</b>	<b>Lead Coach Email</b>
<b>5/30/26</b>	<b>May Mayhem Meet 1 USAS Block Party</b>	<b>Sonner 10:00am-1:00pm</b>	<b>Athletes 11-14 Years Old As Of 5/30/26</b>	<b>Meet Signup</b>
<b>5/30/26</b>	<b>May Mayhem Meet 2 USAS Block Party</b>	<b>Sonner 1:00pm-3:00pm</b>	<b>Athletes 10 Years Old and Younger As Of 5/30/26 Except Tarpon</b>	<b>Meet Signup</b>
<b>5/30/26- 5/31/26</b>	<b>NCS Open Water Championship Meet</b>	<b>Lake Echo Seven Lakes, NC</b>	<b>Barracuda, Bowfin, Cobia, Mackerel, PreSenior, Redtail, Senior Gold, Senior Onyx, and Senior Silver</b>	<b>Meet Signup</b>
<b>6/05/26- 6/07/26</b>	<b>STAR Andrew Hartle Invite Meet</b>	<b>Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC</b>	<b>All Athletes Who Are Thirteen (13) Years Old or Older As Of 6/05/26</b>	<b>Meet Signup</b>

<b>6/13/26- 6/14/26</b>	<b>MOR Liberty Meet</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC</b>	<b>All Athletes Who Are Twelve (12) Years Old Or Younger As Of 6/13/26 Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>6/26/26- 6/28/26</b>	<b>Planet Swim Summer Invite</b>	<b>Ponte Vedra, FL</b>	<b>Athletes Who Are Thirteen (13) Years Old Or Older As of 6/26/25 AND Have An 'A' Time in Their Respective Age Group (13-14, 15-16, or 17-18)</b>	<b>Meet Signup</b>
<b>6/26/26- 6/28/26</b>	<b>MOR Long Course Qualifier Meet</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC</b>	<b>Coach Selection</b>	<b>Meet Signup</b>
<b>6/29/26</b>	<b>Firecracker Fast Meet 2 USAS Block Party</b>	<b>Sonner 5:00pm-8:00pm</b>	<b>Athletes 10 Years Old and Younger As Of 6/29/26 Except Tarpon</b>	<b>Meet Signup</b>
<b>7/01/26</b>	<b>Firecracker Fast Meet 2 USAS Block Party</b>	<b>Sonner 5:00pm-8:00pm</b>	<b>Athletes 11-14 Years Old As Of 7/01/26</b>	<b>Meet Signup</b>
<b>7/02/26</b>	<b>RSA Punch Your Ticket Meet</b>	<b>Sonner</b>	<b>Coach Selection</b>	<b>Meet Signup</b>

<b>7/09/26- 7/12/26</b>	<b>NCS Long Course Senior Championships Meet</b>	<b>Triangle Aquatic Center 275 Convention Drive Cary, NC</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>7/16/26- 7/19/26</b>	<b>NCS Long Course Age Group Championships Meet</b>	<b>Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>7/24/26- 7/26/26</b>	<b>RSA Flip Flop Meet (short course yards)</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC</b>	<b>All Athletes; SeaStar and Seahorse athletes require coach approval</b>	<b>Meet Signup</b>
<b>7/29/26- 8/01/26</b>	<b>TYR Futures Meet</b>	<b>Madison, WI</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>7/29/26- 8/01/26</b>	<b>Age Group Zones Meet</b>	<b>Orlando, FL</b>	<b>Selected Athletes</b>	<b>Lead Coach Email</b>
<b>7/30/26- 8/02/26</b>	<b>NCAC Tar Heel States</b>	<b>Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC</b>	<b>All Athletes; SeaStar and Seahorse athletes require coach approval</b>	<b>Meet Signup</b>
<b>8/03/26- 8/07/26</b>	<b>Speedo Junior Nationals Meet</b>	<b>Irvine, CA</b>	<b>Qualifiers</b>	<b>Lead Coach Email</b>

Rev. 12/10/25 Ilh Schedule is subject to change at any time. **Yellow** highlight denotes a change to the schedule since the last revision.