

2025-2026 Sonner Weekly Practice Schedule, effective January 19, 2026 through January 25, 2026

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Indicates Change						
Barracuda		5:30pm-7:00pm	6:45pm-8:15pm	5:15pm-6:45pm	7:15pm-8:45pm	8:00am-9:45am	
Dryland		5:00pm-5:30pm		6:45pm-7:15pm	6:30pm-7:00pm		
Blackfin Afternoon		3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm		
Dryland		4:00pm-4:30pm		4:00pm-4:30pm			
Blackfin Evening		8:15pm-9:15pm	7:15pm-8:15pm	7:45pm-8:45pm	7:15pm-8:30pm		
Dryland				7:15pm-7:45pm			
Cobia		4:30pm-6:00pm	4:45pm-6:15pm	7:30pm-9:00pm	5:45pm-7:15pm	11:00am-12:45pm	
Dryland		6:05pm-6:35pm	6:15pm-6:45pm		7:30pm-8:00pm		
Dolphin		7:00pm-8:15pm	5:45pm-6:45pm	6:45pm-7:45pm	5:15pm-6:15pm	10:00am-11:00am	
Dryland			6:45pm-7:15pm	6:15pm-6:45pm			
Jack 1			6:15pm-7:15pm	6:45pm-7:45pm		11:00am-12:00pm	
Dryland			6:00pm-6:15pm				
Jack 2		7:00pm-8:00pm	6:15pm-7:15pm	7:45pm-8:45pm		11:00am-12:00pm	
Dryland		6:35pm-6:50pm	6:00pm-6:15pm				
Mackerel		4:30pm-5:45pm	4:45pm-6:15pm	7:30pm-8:45pm	5:45pm-7:15pm	11:00am-12:45pm	
Dryland			6:15pm-6:45pm				
Mako			7:15pm-8:30pm		7:45pm-9:00pm	9:45am-11:00am	
Dryland					7:00pm-7:30pm		
Nova			5:45pm-6:45pm		5:15pm-6:15pm		
Dryland					5:00pm-5:15pm		
PreSenior	4:30pm-6:15pm	7:30pm-9:15pm	4:00pm-5:45pm	4:15pm-6:00pm	4:00pm-5:45pm	8:00am-10:00am	
Dryland	6:30pm-7:00pm	6:50pm-7:20pm			6:00pm-6:30pm		

Seahorse Early							
		T/H: 5:00pm-5:45pm		T/H: 5:00pm-5:45pm			
Seahorse Late			M/W: 6:00pm-6:45pm				
SeaStar Early		6:00pm-6:45pm		6:00pm-6:45pm			
SeaStar Late		6:45pm-7:30pm		6:45pm-7:30pm			
Senior Gold		5:00am-6:30am	5:00am-6:30am	5:00am-6:30am	5:00am-6:30am	6:00am-8:00am	
	3:15pm-5:15pm	3:30pm-5:30pm		3:15pm-5:15pm	3:15pm-5:15pm		
Dryland	5:30pm-6:15pm		3:15pm-4:15pm		5:15pm-6:00pm		
Senior Silver		5:00am-6:30am	5:00am-6:30am	5:00am-6:30am	5:00am-6:30am	6:00am-8:00am	
	3:00pm-4:30pm	3:00pm-4:30pm	3:00pm-4:45pm	3:00pm-4:30pm			
Dryland	4:45pm-5:30pm		5:00pm-5:45pm		4:00pm-5:00pm		
Tarpon T, TH 2:00pm		T/H: 2:00pm-2:45pm		T/H: 2:00pm-2:45pm			
Tarpon M, W 5:00pm			M/W: 5:00pm-5:45pm				
Tarpon T, TH 6:00pm		T/H: 6:00pm-6:45pm		T/H: 6:00pm-6:45pm			
Wahoo		6:00pm-7:30pm	6:45pm-8:00pm	6:00pm-7:30pm	6:15pm-7:45pm	12:00pm-1:30pm	
Dryland		5:30pm-6:00pm		5:30pm-6:00pm			