

2025-2026 Sonner Weekly Practice Schedule, effective January 26, 2026 through February 1, 2026

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Indicates Change						
Barracuda	6:15pm-7:45pm	5:30pm-7:00pm	6:45pm-8:15pm	5:15pm-6:45pm	7:15pm-8:45pm	8:00am-9:45am	
Dryland		5:00pm-5:30pm		6:45pm-7:15pm	6:30pm-7:00pm		
Blackfin Afternoon	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm		
Dryland		4:00pm-4:30pm		4:00pm-4:30pm			
Blackfin Evening	8:00pm-9:00pm	8:15pm-9:15pm	7:15pm-8:15pm	7:45pm-8:45pm	7:15pm-8:30pm		
Dryland	7:30pm-8:00pm			7:15pm-7:45pm			
Cobia	7:30pm-9:00pm	4:30pm-6:00pm	4:45pm-6:15pm	7:30pm-9:00pm	5:45pm-7:15pm	12:15pm-2:15pm	
Dryland		6:05pm-6:35pm	6:15pm-6:45pm		7:30pm-8:00pm		
Dolphin		7:00pm-8:15pm	5:45pm-6:45pm	6:45pm-7:45pm	5:15pm-6:15pm	10:00am-11:00am	
Dryland			6:45pm-7:15pm	6:15pm-6:45pm			
Jack 1	5:15pm-6:15pm		6:15pm-7:15pm	6:45pm-7:45pm		8:00am-9:00am	
Dryland	6:15pm-6:30pm		6:00pm-6:15pm				
Jack 2		7:00pm-8:00pm	6:15pm-7:15pm	7:45pm-8:45pm		11:00am-12:15pm	
Dryland		6:35pm-6:50pm	6:00pm-6:15pm				
Mackerel	7:45pm-9:00pm	4:30pm-5:45pm	4:45pm-6:15pm	7:30pm-8:45pm	5:45pm-7:15pm	12:15pm-1:45pm	
Dryland	7:00pm-7:30pm		6:15pm-6:45pm				
Mako	7:45pm-9:00pm		7:15pm-8:30pm		7:45pm-9:00pm	11:00am-12:15pm	
Dryland	7:00pm-7:30pm				7:00pm-7:30pm		
Nova	5:15pm-6:15pm		5:45pm-6:45pm		5:15pm-6:15pm		
Dryland	6:15pm-6:30pm				5:00pm-5:15pm		
PreSenior	4:30pm-6:15pm	7:30pm-9:15pm	4:00pm-5:45pm	4:15pm-6:00pm	4:00pm-5:45pm	8:00am-10:00am	
Dryland	6:30pm-7:00pm	6:50pm-7:20pm			6:00pm-6:30pm		

