

Opening Pools and Resuming Programming: Phase 2 Protocols

Wahoo Swim Academy

For the safety of participants and employees, the following cleaning protocols will be in place during Phase 2:

- Frequently sanitizing the bathrooms (a minimum of every four hours) in compliance with NCDHHS guidance using EPA approved disinfectants for SARS-CoV-2, the virus that causes COVID-19
- Frequently sanitizing (a minimum of every four hours) all frequently touched points, including pool deck areas, in compliance with NCDHHS guidance using EPA approved disinfectants for SARS-CoV-2, the virus that causes COVID-19
- Daily hospital grade sanitizing of the facility, including a steam powered floor washer, using EPA approved disinfectants for SARS-CoV-2, the virus that causes COVID-19
- Weekly hospital grade fogging of the facility using EPA approved disinfectants for SARS-CoV-2,
 the virus that causes COVID-19

Anyone entering the facility, including employees, participants, parents/guardians and vendors, must be able to answer NO to the following questions before entering the facility. RSA assumes the parents and participants have answered NO to the questions if the participants arrive for swim lessons.

Do you or any of the children you are dropping off have a fever, runny nose, cough, shortness of breath or difficulty breathing, chills, new loss of taste and/or smell, vomiting, diarrhea, nausea, headache, other flu-like symptoms and/or a foot rash, (particularly on the toes)?

Have you or any of the children you are dropping off

- Had any of the noted symptoms since the last time you were here?
- Been in contact with anyone with the noted symptoms since the last time you were here?
- Potentially been exposed to COVID-19 or have reason to believe you or they have COVID-19?

Failure to answer these questions truthfully will result in suspension of the participant from swim lessons for the remainder of Phase 2, at a minimum. Lessons will not be rescheduled and refunds will not be given.

In addition, anyone entering the facility must wear a face covering while in the facility unless the individual is in the water. On the pool deck, employees are required to wear a face covering anytime they are not able to social distance (be at least six feet away from another person). Face coverings must be worn during all participant transitions. Note face coverings are not required for children under twelve years old unless mandated by federal, state or local governments.

All social distancing requirements are in effect for Phase 2 according to federal, state and local guidelines.

For the safety of the participants and employees, the following safety protocols will be in effect for program participants during Phase 2:

- The tent panels are open on the instructional pool to allow open air circulation.
- Instructors wear facial coverings at all times when in the water or if unable to social distance on the pool deck.
- Instructors wear clear goggles at all times when in the water. In addition, instructors may also wear clear face shields.
- Groups are limited to a maximum of eight (8) participants and four instructors in the instructional pool. An additional instructor may be on deck.
- Group participants may not mix, i.e., come in contact with each other or substitute in and out of groups.
- Lanes are limited to a maximum of two participants and one in-water instructor.
- Instructors assist participants in practicing social distancing at all times (a minimum of six (6) feet apart from each other), including when entering and exiting the pool areas, entering and exiting the pools and while in the pools.
- A separate entrance and exit are designated for the pool.
 - Enter from the ramp to the instructional pool gate.
 - Exit from the large gate on the fire pad (the driveway with the cones).
- The Bathhouse entrance is closed and locked.
- Entrance and exit walkways are marked every six (6) feet.
- Pool decks are marked every six (6) feet.
 - Down the sides of the instructional pool
 - Across the stair end of the instructional pool
 - Behind the stairs of the instructional pool
 - Across the turn end of the instructional pool
- Towel and equipment areas are marked every six (6) feet.
 - Parents provide two towels for each participant.
- The locker rooms and family bathroom are closed except for use for toileting. Locker rooms and the family bathroom are marked every six (6) feet. No changing or showering in the locker rooms is allowed.
- Only one participant (and a family member, if necessary) at a time may use the toilet.
 - The on-deck instructor will lead the participant to the bathroom.
 - The on-deck instructor will contact a family member for assistance.
 - Family member will meet the instructor at the Lobby entrance (red door through the Portico) to gain entrance and assist the participant. The family member must wear a facial covering.
 - The family member will exit via the Lobby through the red door to the Portico.
 - o The on-deck instructor will return to the instructional pool deck.
- Participants must wash their hands with soap and water for a minimum of twenty (20) seconds after using the toilet.
- The Corridor may be used to access the locker rooms or family bathroom to use the toilet.
- Participants must arrive in their suits and leave in their suits.

- Instructors greet the participants and assist in entering the pool, as well as ensure the participants exit the facility safely.
- Participants should wash their hands with soap and water for a minimum of twenty (20) seconds
 or use hand sanitizer before entering the facility.
- Touchpoints are limited by leaving interior doors open and placing greeters at entrances.
- Participants may not share equipment, including kickboards.
 - A kickboard will be provided for use during lessons. This kickboard will be labeled and not available to any other participant.
 - A bucket of manipulatives, if applicable, will be provided for use during lessons. This bucket and manipulatives will be labeled and not available to any other participant.
 - o Participants must provide their own goggles.
- Water fountains are closed.
- Food is not allowed on the pool decks or in the locker rooms or family bathroom.
- Participants must wait in their cars until 5 minutes before programming begins. No participants
 may wait outside their cars in the parking lot, in the Portico, in the Bathhouse, on the pool deck or
 in the mulched areas.
- Participants may not attend practice if they are exhibiting any symptoms of COVID-19, including:
 - fever within the past three (3) days
 - o runny nose
 - cough
 - sore throat
 - o shortness of breath or difficulty breathing
 - o chills
 - o diarrhea
 - vomiting
 - o nausea
 - o headache
 - loss of taste and/or smell
 - o other flu-like symptoms, including muscle pain and/or
 - o a rash on their feet, particularly their toes.
- A participant may not attend programming if the participant has tested positive for COVID-19 until cleared by his/her health care provider.
- A participant may not attend programming if the participant is awaiting results of a test for COVID-19
- A participant may not attend programming if the participant believes he/she may have COVID-19.
- A participant may not attend programming if the participant has traveled to a COVID-19 "hotspot" in the prior two weeks.
- A participant may not attend programming if the participant has travelled internationally in the prior two weeks.
- A participant may not attend programming if the participant has come in contact with someone with COVID-19.
- A participant may not attend programming if a family member (or person who resides in the home) of a participant tests positive for COVID-19, is awaiting results from a COVID-19 test, exhibits symptoms of COVID-19, believes he/she has COVID-19, has travelled to a COVID-19 "hotspot" in the prior two weeks, has travelled internationally in the prior two weeks and/or has come into contact with someone with COVID-19.

If a participant shows any of the above noted COVID-19 symptoms during programming,

- The participant will be isolated.
- o The participant will be given a disposable face mask.
- o The parents will be called and asked to pick the participant up.
 - Parents/guardians should ensure the emergency contact information is valid.
- The facility will be disinfected per CDC guidelines.

If participants have had any symptoms of COVID-19, participants (or parents/guardians for the participant) must be able to answer yes to the following questions every day before attending programming:

- Has it been a minimum of ten (10) days since you first had symptoms of COVID-19?
- Have you been without fever for three (3) days without the use of fever reducing medication?
- Has it been a minimum of three (3) days since your symptoms began to improve?

Participants who do not follow the rules will not be allowed to return to programming during Phase 2.

Parents/guardians may not enter the facility due to the maximum group sizes outlined by Executive Order 141 and the inability to practice social distancing unless requested by an Instructor to assist with toileting or illness.

Parents must practice social distancing of a minimum of six feet apart if they remain on the facility grounds. However, please be mindful that a group of parents larger than twenty-five (25) is a violation of Executive Order 141 and endangers our ability to continue operating.

If an employee tests positive for COVID-19,

- The employee will notify the Director of Operations immediately.
- The Director of Operations will notify the Board.
- The Lesson Coordinator will notify program participants that the facility will be closed for a minimum of twenty-four (24) hours due to a positive test for COVID-19.
- The Director of Operations will close the facility for a minimum of twenty-four (24) hours due to a positive test for COVID-19.
- The Director of Operations will contact the professional cleaning service and request a decontamination cleaning service per CDC guidelines.

If a participant tests positive for COVID-19,

- The participant or participant's guardian must notify the Director of Operations immediately at laura.hubbard@swimrsa.org and the Lesson Coordinator at wsa@swimrsa.org.
- The Director of Operations will notify the Board.
- The Lesson Coordinator will notify program participants that the facility will be closed for a minimum of twenty-four (24) hours due to a positive test for COVID-19.

- The Director of Operations will close the facility for a minimum of twenty-four (24) hours due to a positive test for COVID-19.
- The Director of Operations will contact the professional cleaning service and request a decontamination cleaning service per CDC guidelines.

If there is an adverse weather event,

- The participants and instructors in the instructional pool will go to the Lobby and practice social distancing until programming may resume or the participants are released to a parent/guardian.
- Families will be notified via phone and email systems. Parents/guardians should confirm that accurate email and cell phone information is provided to the Lesson Coordinator.