

| Date | Host | Event Name | Meet/Event Type | Age Eligibility | Location |
|------------|-------------|-----------------------------------|-----------------|---------------------------|---------------------------|
| APR 4 | GCY | GCY Trials/First Chance | AG/SR Open | ALL | GAC |
| APR 19 | GCY | Bryan YMCA Strong Kids Meet* | Non-Sanctioned | ALL | Bryan YMCA |
| APR 24-25 | GCY | GCY Spring Fling | CLOSED YMCA | ALL | GAC |
| MAY 1-3 | TAC | TAC Titans Cinco de Mayo | AG/SR Open | ALL | TAC, Cary NC |
| MAY 15-17 | NCAC | UNC's Meet on the Hill | AG/SR Open | ALL | UNC, Chapel Hill, NC |
| MAY 23-24 | TAC | Black Heritage Meet* | AG/SR Open | ALL | TAC, Cary, NC |
| MAY 31 | GCY | Bryan YMCA Strong Kids Meet* | Non-Sanctioned | ALL | Bryan YMCA |
| JUN 5-6 | SSS | NC Open Water State Champs | AG/SR Open | ALL | Seven Lakes, NC |
| JUN 12-14 | GCY | GCY Sprint and Distance | AG/SR Open | ALL | GAC |
| JUN 18-21 | SGSA | Eastern Invitational | AG | 12&Under Only | GAC |
| JUN 18-21 | SCAT | Georgia's Sizzlin Summer Invite** | Open Only | 11&Up Sessions Only (ALL) | Ga Tech, Atlanta, Ga |
| JULY 9-11 | CSA | Greensboro City Championships* | Summer League | Club Teams Only | GAC |
| JULY 10-12 | YSST | YMCA Regionals Champs | Championship | ALL Qualifiers (BB) | Hickory YMCA |
| JULY 16-19 | SGSA | NC Age Group Champs | Championship | 14&Under Qualifiers | GAC |
| JULY 23-26 | GCY | NC Senior Champs | Championship | ALL Qualifiers | GAC |
| JULY 31-2 | HPSC | Tar Heel States | Championship | ALL | High Point City Lake Park |
| AUG 3-7 | YMCA of USA | YMCA National Champs** | Championship | 12&Up Qualifiers | Indianapolis, IN |

* These meets are short course yards, all other long course meters (except open water)

** GCY Travel Trip Via Bus - Atlanta trip leaves June 17, returns June 21 late (Budget \$300 or less), Indianapolis Trip leaves Aug 2, returns Aug 8 (Budget \$200 or less)