

GCY

Competitive and National Offerings

2025-2026



	Bryan YMCA	Hayes- Taylor YMCA	Spears YMCA	GAC	Saturdays Bryan YMCA
Age Group	M-Th 5:30-6:30p	M-Th 4:00-5:00p	M-Th 6:00-7:00p		9:00-10:00a
Senior Prep	F 4:30-6:00p			M-Th: 4:30-6:00p T,Th: Dryland 6:00p	7:30-9:00a
National	M-F 5:30-7:00a			M-Th: 6:00-7:30p	5:30-7:30a
National Prep	M-F 5:30-7:00a F 4:30-6:00p			M-Th: 4:30-6:00p T,Th: Dryland 6:00p	7:30-9:00a
National 1 & 2	M-F 5:30-7:00a			M-Th: 6:00-8:00p	5:30-7:30a