GCY Seasonal Track

Sept 2025-May 2026 YMCA-only Competition \$80 Annual Registration Fee

Junior Makos \$85 monthly 1 practice/week

Makos Homeschool \$105 monthly Recommended 2-3 practices/week

- Approximate Ages 4-7
- For future swimmers in their final year of preschool, kindergartners or 1st graders who want to learn to swim using the foundations of the four competitive strokes
- Participants should be comfortable in the water and have some experience going underwater
- Swimmers learn to dive and are introduced to flipping and turn work

Makos 1 \$105 monthly Recommended 2-3 practices/week

- Approximate Ages 8 & under
- Must be able to swim 25 yards on stomach and back without stopping or assistance
- Participants may participate in any of our CLOSED YMCA competitions
- A great introductory program before joining our competitive team

Makos 2 \$105 monthly Recommended 2-3 practices/week

- Approximate Ages 7-12 (advanced, younger swimmers may qualify)
- Must be able to swim 25 yards on stomach and back without stopping or assistance
- Participants may participate in any of our CLOSED YMCA competitions
- A great introductory program before joining our competitive team

- Instruction for homeschooled swimmers at the Makos (1-2 and Fit) level
- Approximate Ages 5-13
- Must be able to swim 25 yards on stomach and back without stopping or assistance
- Participants may participate in any of our CLOSED YMCA competitions
- A great introductory program before joining our competitive team

MakosFit \$105 monthly Recommended 2-3 practices/week

- Grades: Middle or High School only
- Must be able to swim 25 yards on stomach and back without stopping or assistance
- Participants may participate in any of our CLOSED YMCA competitions
- A great program before joining our competitive teams, one that will help those involved in summer league or high school swimming!

Masters (18 & up) \$75 monthly Recommended 2+ practices/week

- 18 & over. Should be able to repeat laps. Program is individualized to swimmer need (from competing in a first triathlon or Masters Meet to achieving Hawaii Ironman qualification or Masters National Championships)
- Option to join our National swimmers if level matches and space is available
- GCY Masters has worked with every level, from those just starting to those with world records

Family Discounts on monthly GCY fees

1st swimmer – full price; 2nd & 3rd swimmers – 25% off; 4th or more swimmers – 35% off