

STAR Aquatics Swim School

Guidelines for Parents

We want to welcome you to STAR Aquatic's Swim School and hope you enjoy your experience. In an effort to help provide a general familiarity and better understanding of our Swim School we have facilitated a few guidelines to give a reasonable perspective of our structure.

- STAR Aquatics has found most young children perform best when their parents aren't in view while classes are being conducted. With this well proven system, parents are to remain out of the pool area during lessons. STAR Aquatics realizes children need recognition and encouragement from parents on their progress; the last day of the session is your opportunity to observe their improvement. On the last day of lessons, we invite you to watch from inside the pool area and take pictures or videos of your children if you wish. Your feedback at the end of the session is very important to STAR Aquatics, to insure the best program possible.
- Please encourage your children to use the restroom just before lessons so as not to waste time during classes for bathroom trips. This distracts the instructor and ultimately takes time away from your swimmer learning certain skills performed for the day.
- We want all parents to realize and understand swimming is not a skill quickly learned. There is a stage of "readiness" in learning skills and each child is different in their development. Age is not a factor in advancement. Do not be discouraged if your child seems to have reached a skill plateau; significant improvement comes with repetition over time. The best possible progress will be made with regular attendance.
- There are some things which help children to learn. We request your assistance with (1) keeping long hair in a ponytail, braided, or put into a swim cap. (2) Please keep toys with you in the car; we would rather not have the distraction of personal belongings on the pool deck. (3) Goggles are encouraged so your swimmer will become comfortable wearing them and less eye irritation. (4) If your child is prone to ear infections or "swimmers ear", ear plugs are recommended, in addition to wearing a swim cap.
- Registration is on a first-come, first-served basis. If you wish to enroll in another session, please do so before the end of the current session.
- On the first day of lessons, we evaluate and assess the initial placement of the swimmers and make adjustments where necessary.
- STAR Aquatics takes great pride in our staff. We are constantly striving to further improve our technique, consistency, and continuity through seminars, workshops and other training disciplines. We would like you to know that any one of our instructors could instruct your child and receive the same excellent learning experience. Your feedback is vitally important to us in keeping our program at a level of excellence. Please take a few moments on the last day of the session to fill out an evaluation form.