

## TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

- Respect and show courtesy to teammates and coaches at all times.
- Demonstrate good sportsmanship at all practices and meets.
- Set a good example of behavior and work ethic for younger teammates.
- Be respectful of teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- Attend team meetings and training sessions, unless I am excused by a coach.
- Show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- Refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If there is a disagreement about an official's call, you will talk with a coach and not approach the official directly.
- Obey all of USA Swimming's rules and codes of conduct. Understand that if you violate this code of conduct, you will be subject to disciplinary action determined by my coaches or the head coach.