



TAC TITANS TRAVEL MEET – CODE OF CONDUCT

I, _____, acknowledge and accept the rules and standards communicated below during all TAC Titan Travel Meets.

1. I UNDERSTAND AND AGREE TO FOLLOW ALL RULES AND STANDARDS SET FORTH BELOW AND ANY OTHER RULES AND STANDARDS COMMUNICATED BY A MEMBER OF THE TEAM COACHING STAFF.
2. I WILL BE IN MY ROOM AND IN BED WITH LIGHTS-OUT AT THE CURFEW TIME(S) ESTABLISHED BY THE COACH.
3. I WILL NOT LEAVE MY ROOM AFTER CURFEW OR DISTURB MY ROOMMATES, EXCEPT IN THE EVENT OF AN EMERGENCY. IF I WISH TO LEAVE MY ROOM FOR ANY REASON OTHER THAN AN EMERGENCY, I WILL NOTIFY A MEMBER OF THE COACHING STAFF BEFORE DOING SO.
4. THE POSSESSION OR USE OF ANY CONTROLLED OR ILLEGAL SUBSTANCES, ALCOHOL, OR TOBACCO PRODUCTS ARE STRICTLY FORBIDDEN
5. I WILL NOT SEPARATE MYSELF FROM THE TEAM AT ANY TIME WITHOUT THE FULL KNOWLEDGE AND PRIOR CONSENT OF THE COACHING STAFF. I WILL ADHERE TO THE "BUDDY SYSTEM" AND NOT GO ANYWHERE OUTSIDE MY HOTEL ROOM ALONE WITHOUT THE PRIOR CONSENT OF A COACH.
6. I WILL NOT DAMAGE OR STEAL ANY PROPERTY. I UNDERSTAND THAT I WILL BE HELD RESPONSIBLE FOR ANY & ALL COSTS REQUIRED TO REPAIR OR REPLACE PROPERTY THAT I'VE DAMAGED OR STOLEN.
7. BED CHECKS- COACHES/CHAPERONES WILL BE CHECKING ROOMS AT CURFEW TIME AND OTHER TIMES AS DESIRED.
8. "BOYS ROOMS" & "GIRLS ROOMS" ARE OFF LIMITS TO MEMBERS OF THE OPPOSITE SEX. AT NO TIME MAY I ENTER A HOTEL ROOM OCCUPIED BY A MEMBER OF THE OPPOSITE SEX.



9. I WILL BE ON TIME AND PREPARED FOR ALL VAN DEPARTURE TIMES, TEAM MEETINGS, AND COMPETITION FUNCTIONS.
10. I WILL BE RESPECTFUL OF MY TEAMMATES AT ALL TIMES AND WILL NOT CAUSE ANY DISTRACTIONS WHICH MAY PREVENT OR UNREASONABLY DISTURB THEIR SLEEPING, TRAINING OR APPROVED ACTIVITIES.
11. I WILL DISPLAY PROPER RESPECT AND SPORTSMANSHIP TOWARD COACHES, PARENTS, HOTEL STAFF, FELLOW TEAMMATES AND THE PUBLIC AT ALL TIMES. I WILL REFRAIN FROM INAPPROPRIATE PHYSICAL CONTACT AT TEAM ACTIVITIES AND EVENTS. I WILL REFRAIN FROM USING INAPPROPRIATE LANGUAGE AS A REPRESENTATIVE OF THE TAC TITANS.
12. I UNDERSTAND THAT I NOT ONLY REPRESENT MYSELF; BUT MY FAMILY AND MY TEAM.
13. I UNDERSTAND THAT FAILURE TO FOLLOW THE RULES AND STANDARDS SET FORTH HERE MAY RESULT IN DISCIPLINARY ACTION, INCLUDING BUT NOT LIMITED TO: DISMISSAL FROM THE TRIP AND PROMPT RETURN HOME AT THE EXPENSE OF THE ATHLETE'S PARENT/GUARDIAN; DISQUALIFICATION FROM FUTURE TEAM TRAVEL EVENTS; DISMISSAL FROM THE TEAM; PROCEEDINGS BEFORE THE LSC OR USA SWIMMING BOARD OF REVIEW.

I agree to abide by these rules, as stated by the TAC TITANS Swimming.

Signed: _____ (*Swimmer Signature*)

I, _____, parent of _____

acknowledge and accept the terms and conditions here within the rules stated above from the

TAC TITANS SWIMMING CLUB: _____ (*Parent Signature*)