



RIPTYDE SWIM TEAM SPORTSMANSHIP

RipTYDE Swim Team has an expectation of team spirit and sportsmanship in all of our athletes.

"We focus on respect and caring for each other on the RipTYDE team and for our opponents. Swimming may be an individual sport when it comes to the competition, but we are a team first."

Practice proper meet etiquette. At the end of each race, all swimmers are expected to stay in the water until the last swimmer finishes. Our swimmers should turn to the swimmers in lanes next to them, whether team mate or opponent, and offer a congratulatory fist bump and a word of congratulations or the words "good swim."

No swimmer is perfect in every stroke. No one person is the star of this team. No one should think they are better than anyone else and, if they do, do not bring that attitude to the pool or to the team. Keep it at home - always.

All YMCA programs have a strong importance on the values of caring, honesty, respect, and responsibility. These core values were adopted formally by the YMCA of the United States in the early 1990s and were developed to help teach children right from wrong.

Caring: to demonstrate a sincere concern for others, for their needs and well-being. Related values: compassion, forgiveness, generosity, and kindness.

Honesty: to tell the truth, to demonstrate reliability and trustworthiness through actions that are in keeping with my stated positions and beliefs. Related values: integrity and fairness.

Respect: to treat others as I would want them to treat me, to value the worth of every person, including myself. Related values: acceptance, empathy, self-respect and tolerance.

Responsibility: to do what is right--what I ought to do, to be accountable for my choices of behavior and actions and my promises. Related values: commitment, courage, good health, service and citizenship.