

Gold Group
Results of timed 500 free
1/23/09

	<u>Time</u>	<u>Pace</u>
1. Emma	6:34	1:18.8
2. Samantha	6:46	1:21.2
3. Maria	6:49	1:21.8
4. Alex	7:00	1:24.0
5. Cory	7:05	1:25.0
6. Madelaine	7:38	1:31.6
7. Kendra	7:39	1:31.8
8. Abi	7:39	1:31.8
9. Nathaniel	7:40	1:32.0