

2024 USRY Championships

March 14-17, 2024

USRY Regional Members Qualifying Times: Virginia, South Carolina, North Carolina and Tennessee teams

11-12 Girls	10 & U Girls		10 & U Boys	11-12 Boys
31.09	35.69	50 free	34.99	30.69
1:08.09	1:19.79	100 free	1:19.39	1:06.69
2:29.69	2:54.39	200 free	2:50.19	2:25.99
6:38.59	7:39.49	500 free	7:32.59	6:32.79
36.09	42.59	50 back	43.19	36.09
1:19.29	1:33.29	100 back	1:30.79	1:17.49
2:46.69	X	200 back	X	2:42.79
40.29	46.49	50 breast	47.49	40.29
1:28.69	1:43.09	100 breast	1:41.99	1:28.29
3:11.09	X	200 breast	X	3:05.99
34.59	42.39	50 fly	41.39	34.69
1:19.39	1:40.39	100 fly	1:39.39	1:17.59
1:17.19	1:31.79	100 IM	1:30.39	1:17.89
2:49.39	X	200 fly	X	2:45.39
2:49.49	3:17.29	200 IM	3:16.29	2:47.39
6:00.89	X	400 IM	X	5:52.99

13-14 Girls	Open Girls	Events	Open Boys	13-14 Boys
29.29	27.89	50 free	25.09	27.39
1:02.89	1:00.19	100 free	54.49	59.49
2:17.29	2:10.59	200 free	1:59.39	2:06.59
5:56.19	5:41.49	500 free	5:15.79	5:39.39
11:51.79	11:51.79	1000 free	11:16.69	11:16.69
19:42.39	19:42.39	1650 free	18:54.59	18:54.59
1:14.19	1:10.19	100 back	1:03.29	1:10.29
2:32.89	2:26.29	200 back	2:12.99	2:24.99
1:24.29	1:19.39	100 breast	1:11.79	1:19.79
2:53.99	2:45.19	200 breast	2:33.99	2:45.59
1:12.79	1:07.99	100 fly	1:01.09	1:08.09
2:31.79	2:26.99	200 fly	2:16.99	2:24.99
2:33.19	2:26.99	200 IM	2:15.69	2:21.39
5:20.19	5:04.99	400 IM	4:39.39	5:03.39

Out of Region Time Standards are "A" times for 12 & under events. Below are the 13 & over Out of Region Qualifying time standards.

13-14 Girls	Open Girls	Events	Open Boys	13-14 Boys
28.69	27.39	50 free	24.59	26.29
1:01.89	59.99	100 free	53.89	57.39
2:13.79	2:09.39	200 free	1:57.39	2:05.29
5:52.99	5:36.49	500 free	5:10.79	5:35.19
11:46.79	11:46.79	1000 free	11:07.19	11:07.19
19:42.39	19:42.39	1650 free	18:47.99	18:54.59
1:08.49	1:06.59	100 back	1:01.09	1:04.19
2:27.29	2:23.89	200 back	2:10.99	2:18.19
1:17.59	1:15.69	100 breast	1:08.89	1:12.09
2:46.79	2:42.79	200 breast	2:30.09	2:36.29
1:07.79	1:06.29	100 fly	1:00.09	1:02.89
2:28.59	2:24.19	200 fly	2:11.19	2:20.29
2:30.49	2:24.99	200 IM	2:14.09	2:19.89
5:12.79	5:00.89	400 IM	4:37.49	4:56.49