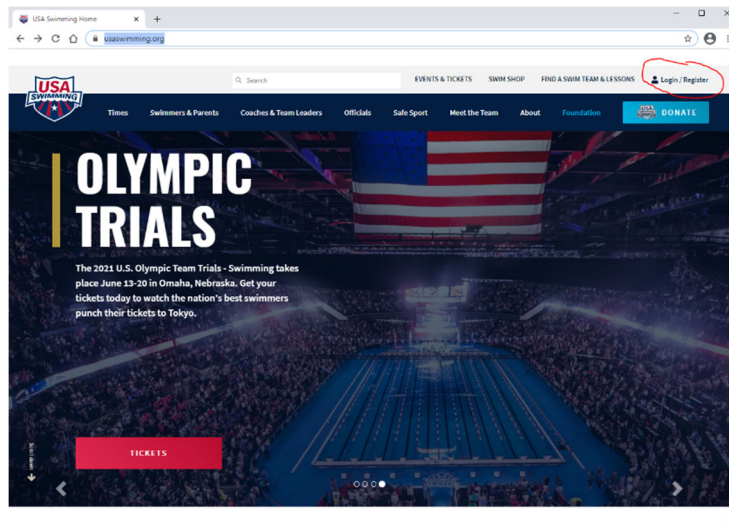
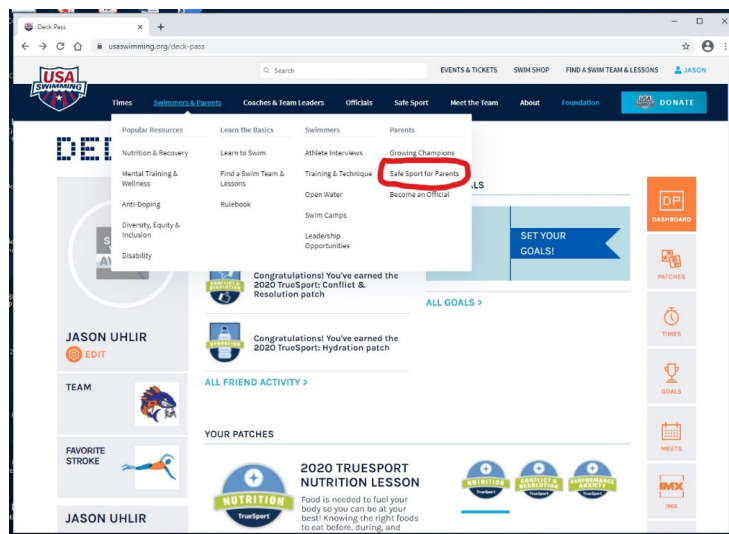


Directions for parents to take advantage of the free online Safe Sport Training through USA Swimming

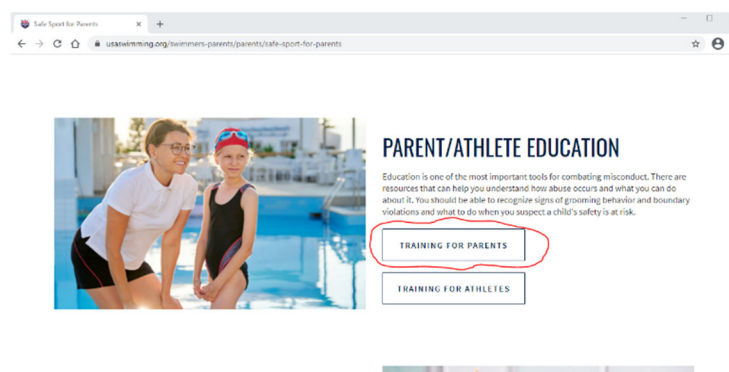
1. Go to USA Swimming: <https://www.usaswimming.org/>
2. Click on Login/Register
 - a. If you do not already have a login set up with USA Swimming, go through the steps to register.
 - b. Login to your USA Swimming account.



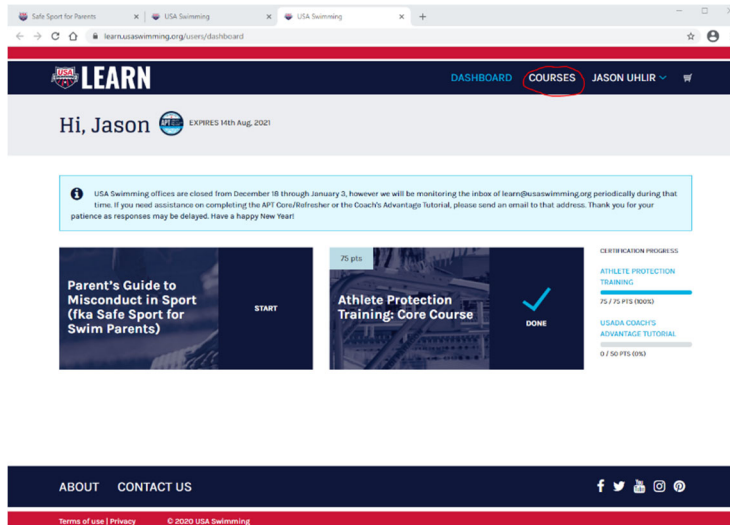
3. Hover over “Swimmers & Parents”, and select “Safe Sport for Parents”.



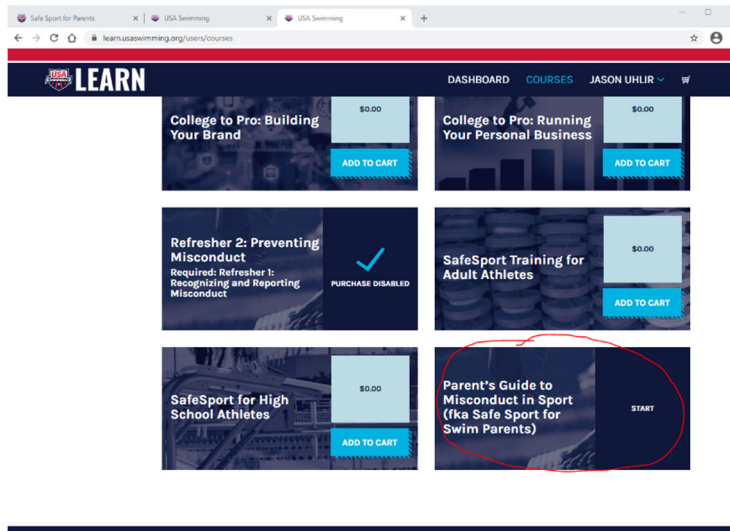
4. Towards the bottom of the page, select “Training for Parents”



5. Once you are at the USA Swimming Learn page and logged in to your account, click on “Courses”



6. Near the bottom of the page, register for the course titled, “Parents Guide to Misconduct in Sport”. You will need to add it to the cart and proceed to checkout. It is free, so no payment is needed. The step is simply necessary to get you registered and get the course in your queue to be taken.



7. You may see other training resources that are available to you as you broaden your knowledge of swimming and Safe Sport. Thanks for making Safe Sport a priority.