USA Swimming Futures – West Fargo



Event Timelines (Estimate Only)

Version 5 - July 26, 2023 (6:30pm)

Thursday

<u>Prelims</u>			<u> </u>	<u>Finals</u>			
<u>Event</u>	<u>Heats</u>	<u>Start</u>	<u>Event</u>	<u>Heats</u>	Start		
9 W 100 Free	9	9:00 am	9 W 100 Free	4	5:30 pm		
10 M 100 Free	10	9:13 am	10 M 100 Free	4	5:41 pm		
10 Min Break			11 W 400 IM	4	5:51 pm		
11 W 400 IM	3	9:34 am	12 M 400 IM	4	6:19 pm		
12 M 400 IM	5	9:51 am	13 W 100 Back	4	6:45 pm		
10 Min Break		7	14 M 100 Back	4	6:54 pm		
13 W 100 Back	8	10:27 am	5 Min Brea	5 Min Break After Awards			
14 M 100 Back	9	10:41 am	15 W 800 Fr Relay	1	7:14 pm		
			16 M 800 Fr Rela	, 2	7:22 pm		
End of Session 10:54 a		10:54 am			-		
Time Trials Estimated at 11:10 am		11:10 am	End of Sess	ion	7:44 pm		

Friday

<u>Prelims</u>				<u>Finals</u>		
Event	<u>Heats</u>	<u>Start</u>	<u>Event</u>	<u>Heats</u>	Start	
17 W 400 Free	5	9:00 am	17 W 400 Free	e 4	5:30 pm	
18 M 400 Free	4	9:20 am	18 M 400 Free	e 4	5:55 pm	
10 Min Break			19 W 100 Fly	4	6:18 pm	
19 W 100 Fly	8	9:50 am	20 M 100 Fly	4	6:31 pm	
20 M 100 Fly	10	10:01 am	21 W 200 Brea	ast 4	6:41 pm	
10 Min Break			22 M 200 Brea	ast 4	7:00 pm	
21 W 200 Breast	6	10:24 am	5 Min	5 Min Break After Awards		
22 M 200 Breast	8	10:43 am	23 W 400 Fr R	Relay 2	7:18 pm	
10 Min Break			24 M 400 Fr R	Relay 2	7:30 pm	
24 M 400 Free	1	11:15 am			_	
Relay						
End of Session 11:19 am		11:19 am	End of	End of Session 7:5		
Time Trials Estimated at 11:35 am						

















USA Swimming Futures – West Fargo



Event Timelines (Estimate Only)

Version 5 - July 26, 2023 (6:30pm)

Saturday									
<u>Prelims</u>			Distance			<u>Finals</u>			
<u>Event</u>	<u>Heats</u>	<u>Start</u>	<u>Event</u>	Heats	<u>Start</u>	<u>Event</u>	<u>Heats</u>	Start	
25 W 200 IM	5	9:00 am	31 W 1500 Free	1	3:20 pm	25 W 200 IM	4	5:30 pm	
26 M 200 IM	8	9:23 am	32 M 800 Free	1	3:40 pm	26 M 200 IM	4	5:47 pm	
10 Min Break						27 W 50 Free	4	6:02 pm	
27 W 50 Free	8	9:51 am	End of Se	ssion	3:50 pm	28 M 50 Free	4	6:09 pm	
28 M 50 Free	9	9:57 am				29 W 200 Back	4	6:17 pm	
10 Min Break						30 M 200 Back	4	6:34 pm	
29 W 200 Back	3	10:15 am				31 W 1500 Free	1	6:50 pm	
30 M 200 Back	4	10:30 am				32 M 800 Free	1	7:13 pm	
10 Min Break						5 Min Break After Awards			
34 M 400 Med	2	10:57 am				33 W 400 Med	2	7:35 pm	
Rly	2	10.37 alli				Rly			
End of Session 11:01 am						34 M 400 Med Rly	2	7:51 pm	
Time Trials Estimated at 11:15 am					•		8:25 pm		

- During Finals, awards will be given after every Gender's Event
- Open warmups each morning from 7 am 8:50 am in the competition pool. Lesson pool will be open continuously from 7 am to the completion of Finals each day.
- Time trial sign up opens at 7:00 am and closes at 9:30 am
- Time trials begin approximately 15 minutes after prelims conclude.
- Relay cards for prelims due to admin at 10:30 am for that sessions' events.
- Relay cards for finals due to admin at 6:30 pm for that sessions' events.
- Future event scratch closes 30 minutes after the start of finals.
- All scratches thereafter must be done at the resolution desk located at mid-pool.
- 800 and 1500 athletes must positive check-in for Saturday events at the resolution desk prior to scratch box closing on Friday.















