



# USA Swimming Futures – West Fargo

Event Timelines (Estimate Only)

Version 7 - July 28, 2023 (6:30pm)

## Saturday

<u>Prelims</u>			<u>Distance</u>			<u>Finals</u>		
<u>Event</u>	<u>Heats</u>	<u>Start</u>	<u>Event</u>	<u>Heats</u>	<u>Start</u>	<u>Event</u>	<u>Heats</u>	<u>Start</u>
25 W 200 IM	8	9:00 am	31 W 1500 Free	1	3:20 pm	25 W 200 IM	4	5:30 pm
26 M 200 IM	7	9:23 am	32 M 800 Free	1	3:40 pm	26 M 200 IM	4	5:47 pm
<i>10 Min Break</i>			<i>End of Session</i>			27 W 50 Free	4	6:02 pm
27 W 50 Free	8	9:52 am	<i>3:50 pm</i>			28 M 50 Free	4	6:09 pm
28 M 50 Free	10	9:58 am				29 W 200 Back	4	6:17 pm
<i>10 Min Break</i>						30 M 200 Back	4	6:34 pm
29 W 200 Back	5	10:16 am				31 W 1500 Free	1	6:50 pm
30 M 200 Back	6	10:30 am				32 M 800 Free	1	7:13 pm
<i>10 Min Break</i>						<i>5 Min Break After Awards</i>		
34 M 400 Med Rly	1	10:58 am				33 W 400 Med Rly	2	7:35 pm
<i>End of Session</i>						34 M 400 Med Rly	2	7:51 pm
<i>11:07 am</i>						<i>End of Session</i>		
Time Trials Estimated at 11:25 am						<i>8:25 pm</i>		

- During Finals, awards will be given after every gender's Event.
- Open warmups each morning from 7 am - 8:50 am in the competition pool. Lesson pool will be open continuously.
- Time trial sign up opens at 7:00 am and closes at 9:30 am
- Time trials begin approximately 15 minutes after prelims conclude.
- Relay cards for prelims due 10:30 am and 6:30 pm for each sessions' events.

