



# USA Swimming Futures – West Fargo

Event Timelines (Estimate Only)

Version 6 - July 27, 2023 (6:30pm)

## Friday

### Prelims

<u>Event</u>	<u>Heats</u>	<u>Start</u>
17 W 400 Free	5	9:00 am
18 M 400 Free	4	9:20 am
<i>10 Min Break</i>		
19 W 100 Fly	8	9:45 am
20 M 100 Fly	10	9:57 am
<i>10 Min Break</i>		
21 W 200 Breast	6	10:20 am
22 M 200 Breast	8	10:39 am
<i>10 Min Break</i>		
24 M 400 Free Relay	1	11:09 am
<b>End of Session</b>		<b>11:13 am</b>

Time Trials Estimated at 11:30 am

### Finals

<u>Event</u>	<u>Heats</u>	<u>Start</u>
17 W 400 Free	4	5:30 pm
18 M 400 Free	3	5:55 pm
19 W 100 Fly	4	6:15 pm
20 M 100 Fly	4	6:26 pm
21 W 200 Breast	4	6:38 pm
22 M 200 Breast	4	6:56 pm
<i>5 Min Break After Awards</i>		
23 W 400 Fr Relay	2	7:18 pm
24 M 400 Fr Relay	2	7:37 pm
<b>End of Session</b>		<b>7:52 pm</b>

## Saturday Distance

### Prelims

<u>Event</u>	<u>Heats</u>	<u>Start</u>
25 W 200 IM	5	9:00 am
26 M 200 IM	8	9:23 am
<i>10 Min Break</i>		
27 W 50 Free	8	9:51 am
28 M 50 Free	9	9:57 am
<i>10 Min Break</i>		
29 W 200 Back	3	10:15 am
30 M 200 Back	4	10:30 am
<i>10 Min Break</i>		
34 M 400 Med Rly	2	10:57 am
<b>End of Session</b>		<b>11:01 am</b>

Time Trials Estimated at 11:15 am

<u>Event</u>	<u>Heats</u>	<u>Start</u>
31 W 1500 Free	1	3:20 pm
32 M 800 Free	1	3:40 pm
<b>End of Session</b>		<b>3:50 pm</b>

### Finals

<u>Event</u>	<u>Heats</u>	<u>Start</u>
25 W 200 IM	4	5:30 pm
26 M 200 IM	4	5:47 pm
27 W 50 Free	4	6:02 pm
28 M 50 Free	4	6:09 pm
29 W 200 Back	4	6:17 pm
30 M 200 Back	4	6:34 pm
31 W 1500 Free	1	6:50 pm
32 M 800 Free	1	7:13 pm
<i>5 Min Break After Awards</i>		
33 W 400 Med Rly	2	7:35 pm
34 M 400 Med Rly	2	7:51 pm
<b>End of Session</b>		<b>8:25 pm</b>

- During Finals, awards will be given after every gender's Event.
- Open warmups each morning from 7 am - 8:50 am in the competition pool. Lesson pool will be open continuously.
- Time trial sign up opens at 7:00 am and closes at 9:30 am
- Time trials begin approximately 15 minutes after prelims conclude.
- Relay cards for prelims due 10:30 am and 6:30 pm for each sessions' events.
- Scratch box closes 30 minutes after the start of finals each night.
- 800 and 1500 athletes must positive check-in for Saturday events at the resolution desk prior to scratch box closing on Friday.

