

BYB Schedule



Long Course 2023-2024

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior Performance	6-8 pm	6-8 pm	6-8 pm	6-8 pm	4:30-6:30 pm	7-9 am	Off
Senior	6-8 pm	6-8 pm	6-8 pm	6-8 pm	4:30-6:30 pm	7-9 am	Off
Prep	6-8 pm	6-8 pm	6-8 pm	6-8 pm	4:30-6:30 pm	7-9 am	Off
Junior	6-8 pm	6-8 pm	6-8 pm	6-8 pm	4:30-6:30 pm	7-9 am	Off
Atlantic	4:45-6:15 pm	TBA	4:45-6:15 pm	4:45-6:15 pm	Off	11:30-1:30 pm	Off
Pacific	TBA	4:45-6:00 pm	4:45-6:00 pm	4:45-6:00 pm	Off	10:30-11:30 am	Off
Longfin	3:45-4:45 pm	Off	3:45-4:45 pm	Off	3:45-4:45 pm	1:30-2:30 pm	Off
Longfin (Pre)	Off	3:45-4:45	Off	3:45-4:45	Off	Off	Off
Dryland (Longfin/Pacific)	Dryland 4:45-5:45 pm			Dryland 6:30-7:30 pm		Dryland 12-1 pm	Off