



CHARLES RIVER AQUATICS CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

- I will respect and show courtesy to my teammates and coaches at all times.

- I will demonstrate good sportsmanship at all practices and meets.

- I will set a good example of behavior and work ethic for my younger teammates.

- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.

- I will attend all team meetings and training sessions, unless I am excused by my coach.

- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.

- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.

- If I disagree with an official's call, I will talk with my coach and not approach the official directly.

- I will obey all of USA Swimming's rules and codes of conduct.