

YMCA OF GREATER BOSTON SEA DRAGONS

CHARLES RIVER SPRING 2025 PRACTICE SCHEDULE MARCH 17, 2025 – JUNE 8, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00pm	Developmental Team 6:00pm-6:45pm	No Practice	Intermediate Team 6:00pm-7:00pm	Developmental Team 6:00pm-6:45pm	No Practice
6:15pm					
6:30pm					
6:45pm	Intermediate Team 6:45pm-7:30pm		Junior Competition 7:00pm-8:00pm	Intermediate Team 6:45pm-7:30pm	
7:00pm					
7:15pm					
7:30pm	Junior Competition 7:30pm-8:15pm		Junior Competition 7:30pm-8:15pm		
7:45pm					
8:00pm					
8:15pm	Senior Competition 8:15pm-9:00pm		Senior Competition 8:00pm-9:00pm	Senior Competition 8:15pm-9:00pm	
8:30pm					
8:45pm					
9:00pm					

Saturday	No Practice (Check Team Calendar for Potential Swim Meets)			
Sunday*	Developmental Team 3:30pm–4:15pm	Intermediate Team 4:15pm–5:00pm	Junior Competition 5:00pm– 6:00pm	Senior Competition 6:00pm–7:00pm

* We may have a Swim Meet on Some Sundays. If we have a Swim Meet on a Sunday, there will be no practice that day.

* Please see other side for details about days we will not have practice and dates of scheduled Time Trials, Swim Meets, and other Team Events!



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SWIM MEETS AND TEAM EVENTS/IMPORTANT DATES:

Thursday April 17th	First Annual BYSD at Charles River Spring Jamboree: Fun and Games Practice
Friday April 25th – Sunday April 27th	USA SWIM MEET at Harvard (Registered USA Swimmers Only)
Wednesday May 7th	Mile Swim During Usual Group Practice Times
Thursday May 8th	Half Mile Swim Developmental Team only
Friday May 9th – Sunday May 11th	USA SWIM MEET at Harvard (Registered USA Swimmers Only)
Saturday May 17th	AWAY MEET vs. BCYF Aquatics
Saturday May 31st	POTENTIAL SWIM MEET (Details TBD)
Friday June 6th – Sunday June 8th	USA SWIM MEET at MIT (Registered USA Swimmers Only)
Sunday June 8th	Last Spring Season Practice

THERE WILL BE NO PRACTICE ON THE FOLLOWING DATES:

Sunday April 20 – Sunday April 27	Spring Break
Sunday May 25 and Monday May 26	Memorial Day (Long Weekend)
Sunday Swim Meets TBD	We do not hold practice if we have a swim meet Sunday, but Swim Meets are still TBD.

