

# FALL SCHEDULE

## September 15<sup>th</sup> to November 16<sup>th</sup>

### Kraken Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Swim	6:30-7:30 PM @ PIP		6:30-7:30 PM @ PIP		

### Leviathan Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Swim	6:30-7:30 PM @ PIP		6:30-7:30 PM @ PIP		5:00-6:00 PM @ PIP

### Siren Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Dryland			5:30-6:30 PM @ PIP			
Swim	6:30-7:30 PM @ PIP		6:30-7:30 PM @ PIP		5:00-6:00 PM @ PIP	2:00-3:00 PM @ PIP

### Hydra Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Dryland	6:30-7:30 PM @ PIP	5:30-6:30 PM @ PIP	6:30-7:30 PM @ PIP	5:30-6:30 PM @ PIP		
Swim	7:30-8:30 PM @ PIP	6:30-7:30 PM @ PIP	7:30-8:30 PM @ PIP	6:30-7:30 PM @ PIP	6:00-7:30 PM @ PIP	2:00-3:00 PM @ PIP

### Triton/Poseidon Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Dryland	6:30-7:30 PM @ PIP	5:30-6:30 PM @ PIP	6:30-7:30 PM @ PIP	5:30-6:30 PM @ PIP		
Swim	7:30-9:00 PM @ PIP	6:30-7:30 PM @ PIP	7:30-9:00 PM @ PIP	6:30-7:30 PM @ PIP	5:30-7:30 PM @ PIP	2:00-3:00 PM @ PIP