

JCCNS Sea Serpents Code of Conduct & Travel Policy

As a member of the JCCNS Sea Serpent swim team, I promise that I will follow the Rules and Code of Conduct as outlined below to represent the JCCNS Sea Serpents and the USA Swimming communities.

I will adhere to the following conduct and behavioral policies:

1. Interact with others displaying caring, honesty, respect, and responsibility.
2. Respect of yourself shown through your dress and behavior.
3. Respect of your peers shown through your interaction and consideration for others.
4. Respect of your Coaches shown through your interaction and attentiveness.
5. Respect of Sea Serpent parents that may help remind you of rules and conduct you agreed to follow.
6. Respect of the JCCNS Facilities by treating all JCCNS property with care and by following all facility rules.
7. Do not participate in creating or sustaining rumors or negativity.
8. Do not participate in illegal activities (i.e. stealing, assault, use/possession/distribution of illegal drugs and/or alcohol).
9. Do not participate in any acts of hazing, bullying or physical or mental abuse towards past, current, or future team mates for any reason.
10. Do not pursue any unwanted physical contact.
11. Do not participate in any unsafe activities that may cause harm to yourself or others.
12. Do not participate in activities that can be detrimental to the image or reputation of the Sea Serpents or USA Swimming.
13. Use common sense when making decisions; when in doubt, do not do it.

While offsite with the team I will adhere to these travel policies:

1. Swimmers must show proper respect, sportsmanship, and courtesy toward coaches, officials, administrators, teammates, competitors, chaperones, and the public.
2. While training or competing at another facility I will follow all facility guidelines and treat all facility property with respect.
3. For overnight trips I understand that I will only be allowed to travel and/or leave my assigned room with my chaperone, or an adult who has received prior approval from the Head Coach and/or team manager in charge of the team.
4. I understand that parents and/or members of the opposite sex will not be allowed to enter my room at any time (with the exception of swimmers under age 11 who are required to stay with their parents).
5. Established curfews must be adhered to at all times.
6. I understand that uniform requirements established for the trip must be followed.
7. I will behave in a manner that presents a positive image of the JCCNS Sea Serpents and will strive to promote an atmosphere conducive to meeting the competitive performance objectives.
8. I understand that I will be fully responsible for incidentals, damages and/or thievery at the hotel during overnight trips. (Room Service is not permitted)
9. I understand that additional guidelines may be established as needed to ensure the safety and well-being of JCCNS Sea Serpents, and subsequently must be adhered to, as well.

If you violate any of the above, you will be subject to consequences that will be dealt with on an individual basis left to the discretion of the Head Coach, JCCNS Management, USA Swimming, and Local Authorities. For serious violations while away on a travel trip, the athlete(s) will be sent home at the expense of the parents. Consequences for violations range from parents being contacted to suspension from the team, a loss of a Championship Meet, and expulsion.