



Ashley Vieira  
Head Coach  
JCC Sea Serpents

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\*ZT"L

To: School Administrator at: \_\_\_\_\_

Student Name: \_\_\_\_\_

Date(s) of absences: \_\_\_\_\_

Name of Meet Attending: \_\_\_\_\_

The student above is an athlete member of USA Swimming, New England Swimming and is a member of the JCC of the North Shore Sea Serpents Swim Team.

Periodically through the year our highest achieving swimmers obtain qualifying standards enabling them to attend swim meets that may require absences from school. We are very proud of this athlete's achievement and hope your school will be able to recognize this accomplishment and excuse the absence.

JCC Sea Serpents athletes have made a commitment to their sport and part of that commitment includes the time management necessary when juggling their studies, practice time, and competition. Your student will provide their teachers with advanced notice of any missed class time and plan for make-up work and exams as needed.

We dislike interfering with student's class schedules; however, this is an opportunity for our athletes to compete at the highest level both within New England swimming and around the country. Please feel free to contact Ashley Vieira, Head Coach at [avieira@jccns.com](mailto:avieira@jccns.com) with any questions or concerns.

Best,  
Ashley Vieira

Head Swim Coach & Aquatics Director, JCC of the North Shore  
[Avieira@jccns.com](mailto:Avieira@jccns.com)  
508-493-4984  
<https://www.gomotionapp.com/team/nejccss/page/home>



