LAKE COUNTY WEST END YMCA 48TH ANNUAL AQUA PENTATHLON

Sunday, February 12th, 2017

			
LOCATION	West End YMCA. 37100 Euclid Ave. (Rt. 20), Willoughby, OH 44094		
	(440)-946-1160		
COURSE, WARM- UPS & START	4 Lanes, 25 Yard pool. Daktronic Electronic Timing will be used.		
TIMES	Warm-ups as follows: 8 & under 8:45-9:00am, 9-10's 9:00-9:15am, 11-12's 9:15-9:30am, 13 & over 9:30-9:45 am. Meet begins at 10:00am.		
WHAT?	Aqua Pentathlon-all swimmers compete in 5 events. Points are awarded for		
	each event, and combined for an overall finish in each age group.		
ELIGIBILITY	Swimmers must be current Y members and swim exclusively for their		
	YMCA team. No unattached swimmers.		
AGE GROUPS	8 & under, 9-10, 11-12, 13 & over. Age as of 12/1/16.		
ENTRY FEES	Entry fee covering all 5 events including \$5.00 family admission		
	surcharge will be <u>\$20</u> . Make checks payable to West End Y.		
	Please bring check on day of the event.		
	Each 8 & under swimmer will swim 25 of each stroke plus a 50 Free		
	Each 12 & under swimmer will swim 50 of each stroke plus 100 free		
	Each 13 & over swimmer will swim 100 of each stroke plus 200 free.		
ENTRIES/DEADLINE	Best yard times must be submitted for all events. Please email entries to Oliver Curwen @ <u>ocurwen@lakecountyymca.org</u> by 11:59PM <u>Tuesday</u> ,		
	Feb. 7 th , 2017. Hy-Tek entries are preferred. NO DECK ENTRIES.		
AWARDS	Heat winner awards. Ribbons for top 8 places in each event. Trophies for		
	top 8 overall swimmers in each age group to be presented immediately		
	following completion of age group. No Team Scoring.		
CLERK OF COURSE	Swimmers will be housed in the main gym & racquetball courts. These areas		
	tend to be cool, please dress warmly. Clerk of Course will be run for all		
	swimmers. NO BARE FEET in any hallways please.		
ADMISSIONS &	FREE ADMISSION. Print copies of heat sheets will be available in		
HEAT SHEETS	LIMITED quantities for \$3.00 on site.		
CONCESSIONS	Full concession stand will be available. NO CHARGE FOR COACHES & OFFICIALS. Please store all coolers in the concession area.		
CONDUCT	Coaches are responsible for the conduct and supervision of their swimmers.		
	Please be responsible and clean up team area.		
QUESTIONS	Meet Director: Rusty Bliss (216) 401-2858 or <u>fr8dawg316@sbcglobal.net</u>		
	Entries: Oliver Curwen (440)231-1174 or ocurwen@lakecountyymca.org		
RESULTS	Results will be posted at neoyswim.org		

LIST OF EVENTS

GIRLS	EVENT NAME	BOYS
1	8 & UNDER 25 FREE	2
3	9-10 50 FREE	4
5	11-12 50 FREE	6
7	13 & OVER 50 FREE	8
9	8 & UNDER 25 FLY	10
11	9-10 50 FLY	12
13	11-12 50 FLY	14
15	13 & OVER 100 FLY	16
17	8 & UNDER 25 BACK	18
19	9-10 50 BACK	20
21	11-12 50 BACK	22
23	13 & OVER 100 BACK	24
25	8 & UNDER 25 BREAST	26
27	9-10 50 BREAST	28
29	11-12 50 BREAST	30
31	13 & OVER 100 BREAST	32
33	8 & UNDER 50 FREE	34
35	9-10 100 FREE	36
37	11-12 100 FREE	38
39	13 & OVER 200 FREE	40