

GO SWIMMING "GO Invitational"

Hosted by the Geauga YMCA Otters- GO

**Saturday, November 12 & Sunday, November 13, 2016
at Spire Institute**

This meet is being held under Y Sanction #XXXX and USA Swimming Approval #XXXX. In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: SPIRE Aquatic Center, 1822 South Broadway, Geneva, OH 44041.

POOL: Competition will be held in one of the 25 yard pools in 10 lanes, with an optional warm down pool at the other end. Seating capacity is 1200. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 14 feet. The depth at the turn end is 14 feet. Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Colorado timing system and scoreboard are available.

RULES: Except for rule changes listed in this information packet, USA Swimming Technical rules will govern this meet. This meet will be conducted in accordance with the "Rules that Govern YMCA Competitive Sports" and the YMCA Swimming Black Book.

UNSUPERVISED SWIMMERS: Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <http://www.healthyohioprogram.org>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ELIGIBILITY: This is a closed YMCA competition. Athletes with full membership privileges to their local YMCA for at least 30 days prior to the first day of the meet and an active member of their YMCA swim team are eligible. Age group is determined by the age of the swimmer as of **December 1, 2016** (per NEO Y Swim League rules). YMCA team must be registered in the National YMCA Competitive Swimming database by November 1, 2016 to be eligible. See coaches' requirements listed later.

MEET STRUCTURE: This is a closed YMCA Sanctioned Invitational meet which features a prelims/finals format for older swimmers and age group format for younger swimmers.

Saturday prelim events will all be contested as open events with the swimmers mixed in heats according to times, not ages. The top 10 (one full heat of each girls and boys) 13-14 year olds and 15 and overs in each event will be invited back to compete in finals on Saturday evening. All open relays and the top 10 entry times (one full heat) for the Open 500 freestyle will be swam on Saturday evening. Please be courteous and have swimmers who will not be attending finals scratch in a timely manner so a next qualifier can be notified.

Saturday afternoon and Sunday events will be run as timed final events.

STARTING TIMES: A accurate timeline will be posted on Wednesday, November 9.
The facility will not open until 7:15am on Saturday and 9:45am on Sunday. If you arrive early, please wait patiently in the food court area.

Saturday AM: Facility opens at 7:15am. Warm-ups begin at 7:45am.
Sprint lanes will open from 8:15-8:35am. Meet start time is 8:45am.

Saturday PM: Warm-ups will begin 30 minutes after the conclusion of the AM session, but not before 11:30am. Sprint lanes will be open 20 minutes after the start of warm-ups. Meet start time will be approximately 45 minutes after the start of warm-ups. A timeline will be posted on Wednesday, November 9 with a close estimate of actual start times.

Saturday Finals: Warm-ups will begin at approximately 5:00pm. Sprint lanes will be open from 5:30-5:45pm. Meet start time is approximately 5:50pm. A timeline will be posted on Wednesday, November 11 with a close estimate of actual start times.

Sunday: Facility opens at 9:45am. Warm-ups begin at 10:15am.
Sprint lanes will open from 10:45-11:05am. Meet start time is 11:15am.

ENTRY DEADLINE: The due date for entries, electronic or otherwise, is Friday, November 4, 2016. Entries accepted on a first come, first served basis beginning on October 3, 2016. The meet and/or individual sessions will be closed before the entry deadline if the session is full. Email entries to: jclute@clevelandymca.org. Please send payment via **one check per team** to Jodi Clute—Geauga YMCA, 12460 Bass Lake Rd. Chardon, OH 44024. Payment may be mailed or presented at the meet.

ENTRY FEES: Individual events are \$4.50 per event. Relay events are \$12.00 per relay team. There is a \$8 per swimmer surcharge, which covers admission for all sessions and a print at home heat sheet. Make checks payable to GEAUGA YMCA. There is an additional fee \$2.00 per swimmer for entries not received electronically.

ENTRY LIMITATIONS: Swimmers may enter up to 3 individual events and 2 relay events per day.

DECK ENTRIES: No deck entries will be accepted.

QUALIFYING TIMES: Qualifying times are listed for 11 and over events. There are no qualifying times for most 10 and under events, but please be considerate when registering for longer events, reserving those for more experienced swimmers. Qualifying times will not apply to GO Swimmers. Following the YMCA core values of caring, honesty, respect and responsibility no proof of times will be required, however teams with swimmers who consistently exceed qualifying times will not be invited to future GO swimming events.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

SEEDING & CHECK IN: Check in will be required for all 400 and 500 yard events. These events will be deck seeded on the day of the meet. Other events will be pre-seeded.

CLERK OF COURSE: There will not be a clerk of course. Each team is responsible for getting their swimmers to the blocks. One non-coach volunteer will be permitted on the pool deck for every 10 swimmers to assist the coaches with this.

AWARDS:

8 & Unders, 9-10, 11-12 events- Individual Events: Medals 1st – 3rd; Ribbons 4th – 10th place.
Relay Events: Medals 1st; Ribbons 2nd – 10th
Heat winner prizes
13-14 & Open events- Individual Events: Medals 1st – 3rd
Relay Events: Medals 1st; Ribbons 2nd – 3rd

ADMISSION COST/HEAT SHEETS: There is no charge for admission. Heat sheets will be available online on Wednesday, November 9 after 5:00pm at www.goswimming.org and www.neoswim.org and emailed to coaches for distribution. You are encouraged to print your own heat sheet at home, as there will not be any for sale on the day of the meet.

PARKING: Free. There will be a designated area for parking adjacent to the Aquatic and Fitness building. Swimmer drop-off is on the south entrance of the Aquatic Center, denoted by signage. Please do not park in front of the building unless you have a handicapped designation sticker for that reserved space; handicap parking is located next to the swimmer drop-off entrance.

RESULTS: Will be posted on www.goswimming.org and www.neoswim.org. Teams will be emailed results.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 30 minutes of warm-up shall be conducted as follows: (a) Lanes 1 & 10 is push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).

(b) Lanes 2 & 9 are sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.

(c) Lanes 3-8 are general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Continuous warm-up is available.

CAMERA ZONES: Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still and video photography of a race or competition may be taken. Acceptable Camera Zones may include, but are not limited to the side courses of a pool, team gathering areas, concession areas, the turn-end the competition course when not in use as a start-end, etc. Meet Management shall also designate "No Camera Zones." Under NO circumstances will Camera Zones include locker rooms, restrooms, and dressing areas, or the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms, and is limited to only those areas marked as designated camera zones.

DECK CHANGES: Changing into our out of swimsuits other than in locker rooms or other designated areas is prohibited.

HOSPITALITY/OUTSIDE FOOD: Absolutely no outside food and/or beverage is allowed, per Spire Institute Policy. This applies to all participants, coaches and spectators. A **coaches** hospitality room will be available during the meet. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host to have access to the hospitality room.

COACHES: Coaches packets will be available in the timing room on the day of the meet. Only coaches that are preregistered and have a wristband will be given deck access.

All teams and coaches must have completed the 2016-2017 online YMCA registration process to have deck access and participate in the meet. Only coaches with current certifications: CPR Pro, First Aid, Coaches Safety Training (Safety Training for Swim Coaches or Lifeguard/YASA with successful completion of the Safety Training for Swim Coaches online test) and Principles of YMCA Competitive Swimming and Diving certifications are permitted on deck. Coaches' certifications will be processed and your deck credentials returned to you from your Y-USA regional representative.

*Please refer to the following link for more information on how to register teams and coaches:
<https://www.teamunify.com/SubTabGeneric.jsp?team=ymcaec&stabid=114149>
OR Google: East Central YMCA Swimming*

OFFICIATING OPPORTUNITY: Anyone that is a YMCA Swimming certified official is welcome and encouraged assist in officiating this meet. Please contact our head official, Judith Rozic, at jklavery@yahoo.com to volunteer.

NOTE: Only athletes entered in the meet, credentialed coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

REQUIRED FORMS: An Executive Declaration form must be on file for every team prior to the start of the meet. Please email these to Jodi Clute at jclute@clevelandymca.org by Friday, November 4, 2015. Teams failing to submit this required paperwork will not be permitted to compete.

MEET DIRECTOR & ENTRIES: Jodi Clute, 12460 Bass Lake Rd., Chardon, OH 44024; 440-285-7543
jclute@clevelandymca.org

SAFETY DIRECTOR: Michelle Eibel, 11409 State Road, North Royalton, OH 44133; 440-230-9339

DIRECTIONS

From Cleveland:

Go East on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a left at the light heading north. SPIRE entrance will be on your right.

From Erie:

Go West on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

From Pittsburgh:

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

ORDER OF EVENTS

Saturday AM				
Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
101	N/A	Open 200 Medley Relay*	102	N/A
103	2:35.00	Open 200 Freestyle	104	2:25.00
105	2:55.00	Open 200 IM	106	2:42.00
107	N/A	Open 50 Freestyle	108	N/A
109	1:20.00	Open 100 Butterfly	110	1:12.00
111	N/A	Open 100 Freestyle	112	N/A
113	6:50.00	Open 500 Freestyle**	114	6:30.00
115	N/A	Open 200 Freestyle Relay*	116	N/A
117	1:18.00	Open 100 Backstroke	118	1:16.00
119	1:30.00	Open 100 Breaststroke	120	1:27.00
121	N/A	Open 400 Freestyle Relay*	122	N/A

***Top 10 entries (final heat) will be swam with Saturday evening finals**

**** Entries will be limited to 3 heats**

Saturday PM				
Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
201	N/A	12 & Under 200 Medley Relay	202	N/A
203	N/A	8 & Under 100 Medley Relay	204	N/A
205	36.00	11-12 50 Freestyle	206	37.00
207	N/A	10 & Under 50 Freestyle	208	N/A
209	N/A	8 & Under 25 Butterfly	210	N/A
211	43.00	11-12 50 Backstroke	212	43.00
213	N/A	10 & Under 50 Backstroke	214	N/A
215	N/A	8 & Under 25 Breaststroke	216	N/A
217	2:50.00	12 & Under 200 Freestyle**	218	2:50.00
219	1:35.00	10 & Under 100 Freestyle	220	1:40.00
221	40.00	11-12 50 Butterfly	222	42.00
223	N/A	10 & Under 50 Butterfly	224	N/A
225	N/A	8 & Under 25 Backstroke	226	N/A
227	45.00	11-12 50 Breaststroke	228	45.00
229	N/A	10 & Under 50 Breaststroke	230	N/A
231	N/A	8 & Under 25 Freestyle	232	N/A
233	1:26.00	11-12 100 IM	234	1:26.00
235	1:45.00	10 & Under 100 IM	236	1:50.00
237	N/A	12 & Under 200 Free Relay	238	N/A
239	N/A	8 & Under 100 Free Relay	240	N/A

**** Entries will be limited to 3 heats**

Saturday Finals

	Qualifying Time	Event		Qualifying Time
	All relay entries	Open 200 Medley Relay*	All relay entries	Top 10 entries
5 minute break				
	Top 10 swimmers from prelims per age group	13-14 200 Freestyle		Top 10 swimmers from prelims per age group
		Open 200 Freestyle		
		13-14 200 IM		
		Open 200 IM		
		13-14 50 Freestyle		
		Open 50 Freestyle		
10 minute break				
	Top 10 swimmers from prelims per age group	13-14 100 Butterfly		Top 10 swimmers from prelims per age group
		Open 100 Butterfly		
		13-14 100 Freestyle		
		Open 100 Freestyle		
		Open 500 Freestyle		
	All relay entries	Open 200 Freestyle Relay*	All relay entries	Top 10 entries
5 minute break				
	Top 10 swimmers from prelims per age group	13-14 100 Backstroke		Top 10 swimmers from prelims per age group
		Open 100 Backstroke		
		13-14 100 Breaststroke		
		Open 100 Breaststroke		
	All relay entries	Open 400 Freestyle Relay*	All relay entries	Top 10 entries

***Top 10 entries (final heat) will be swam with Saturday evening finals**

Sunday

Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
301	N/A	Open 400 Medley Relay**	302	N/A
303	3:15.00	12 & Under 200 IM	304	3:15.00
305	3:00.00	Open 200 Butterfly	306	3:00.00
307	1:55.00	12 & Under 100 Breaststroke	308	1:55.00
309	36.00	Open 50 Backstroke	310	35.00
311	1:40.00	12 & Under 100 Backstroke	312	1:40.00
313	3:15.00	Open 200 Breaststroke	314	3:15.00
315	13:30.00	13 & Over 1000 Freestyle**	316	12:30.00
317	35.00	Open 50 Butterfly	318	33.00
319	7:20.00	12 & Under 500 Freestyle**	320	7:20.00
321	2:55.00	Open 200 Backstroke	322	2:42.00
323	41.00	Open 50 Breaststroke	324	39.00
325	1:30.00	12 & Under 100 Freestyle	326	1:30.00
327	6:15.00	Open 400 IM**	328	5:55.00
329	1:35.00	12 & Under 100 Butterfly	330	1:35.00
331	N/A	Open 800 Freestyle Relay**	332	N/A

**** Entries will be limited to 3 heats**

GO SWIMMING – GO INVITATIONAL

November 12-13, 2016

Meet Entry Summary Page

Team Name: _____ Team Code: _____ LSC Code: _____
 Contact Person: _____ Phone: _____
 Email _____ # of coaches: _____
 Address: _____ City: _____ State: _____ Zip _____

____ (Total # of swimmers) X \$8.00 (Swimmer Surcharge) = \$ _____
 ____ (Total # of individual events) X \$4.00/event = \$ _____
 ____ (Total # of swimmers) X \$2.00 (handling fee for paper entries) = \$ _____
 ____ (Total # of relays) x \$12.00/relay team = \$ _____
TOTAL AMOUNT REMITTED = \$ _____

- Swimmers will be without a coach on deck: Saturday AM
 I have arranged for my swimmer/s to be supervised by _____.
- Swimmers will be without a coach on deck: Saturday PM
 I have arranged for my swimmer/s to be supervised by _____.
- Swimmers will be without a coach on deck: Saturday Finals
 I have arranged for my swimmer/s to be supervised by _____.
- Swimmers will be without a coach on deck: Sunday
 I have arranged for my swimmer/s to be supervised by _____.

Make checks payable **GEAUGA YMCA**

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT IS November 4, 2016.

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to: Jodi Clute, Geauga YMCA, 12460 Bass Lake Rd., Chardon OH 44024.

EMERGENCY INFORMATION

Geneva Police: 911

Geneva non-emergency: 440-466-1002

Two emergency phones are available on deck on the south and east walls.

YMCA Sanctioned Championship Meet Declaration Form

Return signed form to the meet director (jclute@clevelandymca.org) with meet entries prior to November 4, 2016. Teams failing to do so will not be permitted to participate in this meet.

Participating YMCA: _____

YMCA Address: _____

Meet Name: GO Invitational

Meet Date(s): November 12-13, 2016

Meet Host: Geauga YMCA

Meet Location: Spire Institute

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements.

COACHES - All coaches representing the YMCA above hold current certifications in CPR Pro, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the GO INVITATIONAL for the period of travel from our Association to the meet, during the entire period of the meet and return to our Association. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their travel to and from and during their participation in the GO INVITATIONAL.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, YMCA of Greater Cleveland and the Geauga Family YMCA, their agents, representatives or assigns, and the Spire Institute for any and all injuries which may be suffered by participants at the GO Invitational. Furthermore we understand that the YMCA of the USA and YMCA of Greater Cleveland and the Geauga Family YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee

Date