



Celebrating 50 Years

Lake County West End YMCA Aqua Pentathlon

Swim Hard, Swim Fast and Always Believe!



For 50 years the Aqua Pentathlon has been hosted by the West End Wildcats at the West End YMCA and this will be our FINAL event at this current location. In September we move into the NEW West End YMCA at Union Village.

We are excited to have you join us as we bid farewell to a pool that has had a big role on the road to Zones and Nationals for many area swimmers for the last 5 decades.

Sunday February 10th, 2019

LAKE COUNTY WEST END YMCA
50TH ANNUAL AQUA PENTATHLON

Sunday, February 10th, 2019

LOCATION	West End YMCA. 37100 Euclid Ave. (Rt. 20), Willoughby, OH 44094 (440)-946-1160
COURSE, WARM-UPS & START TIMES	4 Lanes, 25 Yard pool. Colorado Electronic Timing will be used. Warm-ups as follows: 8 & under 8:45-9:00am, 9-10's 9:00-9:15am, 11-12's 9:15-9:30am, 13 & over 9:30-9:45 am. Meet begins at 10:00am.
WHAT?	Aqua Pentathlon-all swimmers compete in 5 events. Points are awarded for each event, and combined for an overall finish in each age group.
ELIGIBILITY	Swimmers must be current Y members and swim exclusively for their YMCA team. No unattached swimmers.
AGE GROUPS	8 & under, 9-10, 11-12, 13 & over. Age as of 12/1/18.
ENTRY FEES	Entry fee covering all 5 events including \$5.00 family admission surcharge will be \$20 . Make checks payable to West End Y. Please bring check on day of the event. Each 8 & under swimmer will swim 25 of each stroke plus a 50 Free Each 12 & under swimmer will swim 50 of each stroke plus 100 free Each 13 & over swimmer will swim 100 of each stroke plus 200 free.
ENTRIES/DEADLINE	Best yard times must be submitted for all events. Please email entries to Oliver Curwen @ ocurwen@lakecountyyymca.org by 11:59PM Tuesday, Feb. 5th, 2019 , Hy-Tek entries are preferred. NO DECK ENTRIES.
AWARDS	Heat winner awards. Ribbons for top 8 places in each event. Trophies for top 8 overall swimmers in each age group to be presented immediately following completion of age group. No Team Scoring.
CLERK OF COURSE	Swimmers will be housed in the main gym & racquetball courts. These areas tend to be cool, please dress warmly. Clerk of Course will be run for all swimmers. NO BARE FEET in any hallways please.
ADMISSIONS & HEAT SHEETS	FREE ADMISSION. Print copies of heat sheets will be available in LIMITED quantities for \$3.00 on site.
CONCESSIONS	Full concession stand will be available. NO CHARGE FOR COACHES & OFFICIALS. Please store all coolers in the concession area.
CONDUCT	Coaches are responsible for the conduct and supervision of their swimmers. Please be responsible and clean up team area.
QUESTIONS	Meet Director: Rusty Bliss (216) 401-2858 or fr8dawg316@sbcglobal.net Entries: Oliver Curwen (440)231-1174 or ocurwen@lakecountyyymca.org
RESULTS	Results will be posted at neoyswim.org

LIST OF EVENTS

GIRLS	EVENT NAME	BOYS
1	8 & UNDER 25 FREE	2
3	9-10 50 FREE	4
5	11-12 50 FREE	6
7	13 & OVER 50 FREE	8
9	8 & UNDER 25 FLY	10
11	9-10 50 FLY	12
13	11-12 50 FLY	14
15	13 & OVER 100 FLY	16
17	8 & UNDER 25 BACK	18
19	9-10 50 BACK	20
21	11-12 50 BACK	22
23	13 & OVER 100 BACK	24
25	8 & UNDER 25 BREAST	26
27	9-10 50 BREAST	28
29	11-12 50 BREAST	30
31	13 & OVER 100 BREAST	32
33	8 & UNDER 50 FREE	34
35	9-10 100 FREE	36
37	11-12 100 FREE	38
39	13 & OVER 200 FREE	40