

NEO Y SWIM LEAGUE CHAMPIONSHIP MEET - 2023

WARM-UP PLAN

PLEASE BE AWARE AND FOLLOW THESE GUIDELINES:

1. The first 20 minutes of each warm-up session will be general warmups in all lanes.
2. The last 10 minutes of each warm-up session will be
 - one-way sprints in lane 1-7 only in the competition pool
 - general warm-ups in lanes 8-10 in the competition pool
3. The warm-up pool will be open throughout the meet for SUPERVISED, legitimate warm-ups in lanes 1-8 only. Teams without supervision will be asked to leave the pool. Teams repeatedly misusing the warm-up pool will be reported back to their Y director. (the warm-up pool is in the main pool area)

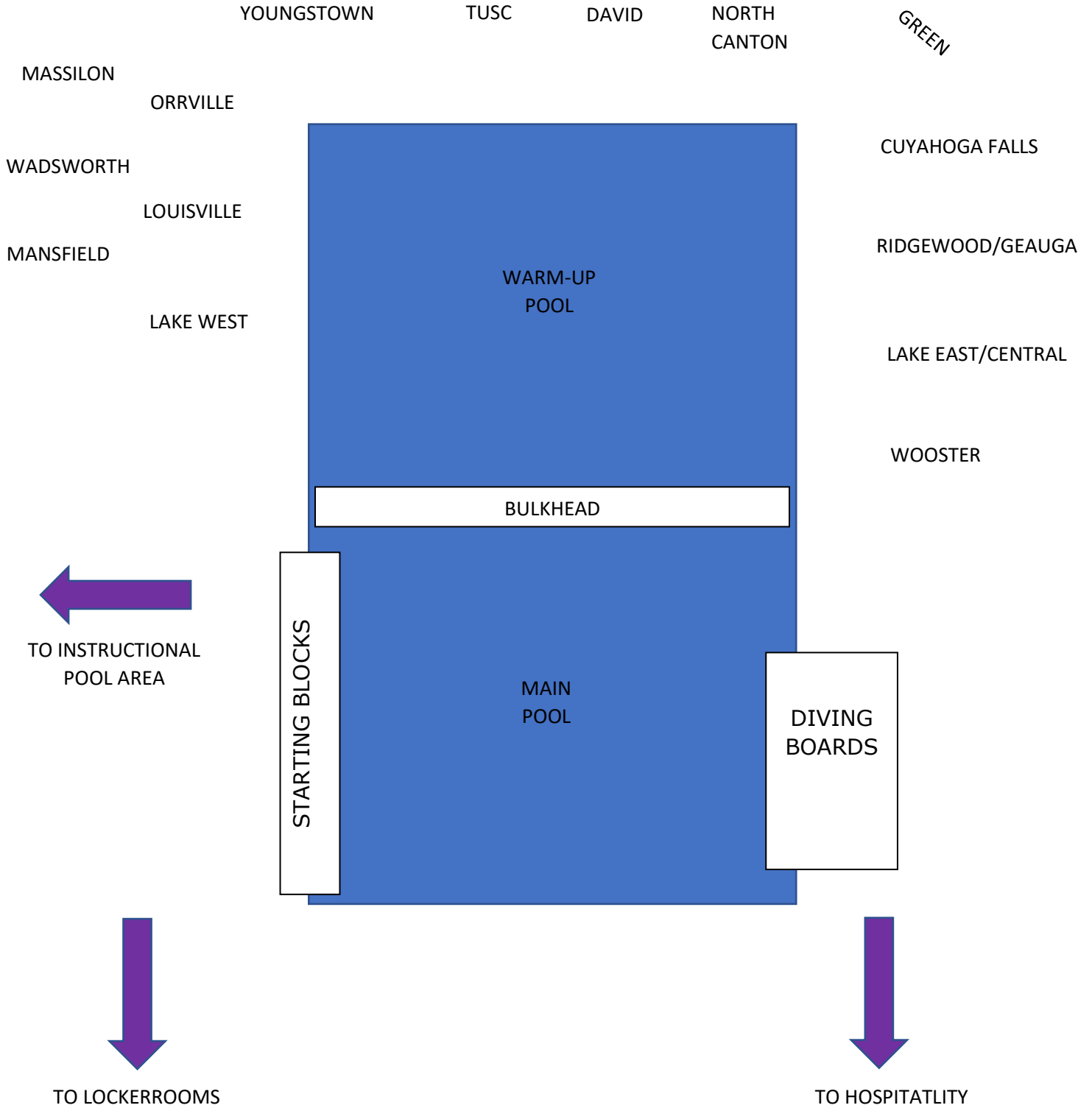
TIMING CONSOLE

POOL	LANE	TEAM
MAIN	1	CFYN
	2	CFYN
	3	YOUNGSTOWN
	4	YOUNGSTOWN
	5	GREEN
	6	GREEN
	7	NORTH CANTON
	8	NORTH CANTON
	9	LAKE WEST
	10	LAKE WEST
BULKHEAD		
WARM-UP	1	ORRVILLE/ASHTABULA
	2	LOUISVILLE/ MEYERS LAKE
	3	WADSWORTH
	4	WOOSTER
	5	LAKE CENTRAL/EAST
	6	DAVID
	7	MASSILON/ LAKE TITANS
	8	RYD/GEAUGA
	9	TUSC
	10	MANSFIELD/ASHLAND

SCOREBOARD

CSU TEAM AREA MAP - COMPETITION POOL - 2023

SCOREBOARD



CSU TEAM AREA MAP - INSTRUCTIONAL POOL AREA – 2023

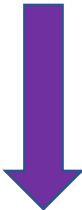


ASHTABULA

LAKE

MEYERS LAKE

ASHLAND



TO MAIN POOL