

2023 Boo-rracuda Invitational

Warm-Up Schedule

Warm Up Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:05 - 7:20 am	GYB – 3pm	GYB – HS PM	GYB – MS	GYB – HS/MS	GYB - HS	GYB - HS
7:20 - 7:35 am	GYB Silver 3	GYB Silver 3	GYB Silver 3	GYB Silver 2	GYB Silver 2	GYB Silver 1
7:35 - 7:45 am	GYB Bronze 1	GYB Bronze 1	GYB Bronze 1	GYB Bronze 2	GYB Bronze 2	GYB Silver 1
7:45 - 8:05 am	DYP	DYP	CFYN	CFYN	CFYN	Open warm-up lane
8:05 - 8:25 am	WAD	WAD	MYG	MYG	LCE	
8:25 - 8:45 am	LCWE	LCWE	YYN	YYN	YYN	

Teams may use the blocks for one way sprints during their 20 minute warm-up session. Warm-ups end at 8:45am.

- 7:10 – 7:25 Green
- 7:25 - 7:40 Green
- 7:45 - 8:05 David (12), Cuyahoga Falls (20)
- 8:05 – 8:25 Wadsworth (15), Massillon (16), Lake Co. East (2)
- 8:25 - 8:45 Ashtabula (2), Lake Co. W End (12), Youngstown (19)

8:50 - scheduled meet start time