



NASC Class Schedule: Precompetitive
Thursdays 4:30-6pm Walter Baker Sports Centre
Saturdays 11-1pm Nepean Sportsplex

Month	Dates
September	23, 28
October	5, 7, 12, 14, 19, 26, 28 (no class Oct 21)
November	2, 4, 9, 11, 16, 18, 23, 25, 30
December	2, 7, 9, 14, 16, 21
January	11, 17, 25, 27
February	1, 3*, 8, 15, 17^, 22, 24*, 29
March	2, 7, 16, 21, 23, 28, 30
April	4, 11, 13*, 18, 20, 25, 27
May	2

*on February 3rd, 24th, and April 13th, class will be held from 4:30-6pm at the Jewish Community Centre

^ on February 17th, class will be held from 3-5 at Nepean Sportsplex

Watershow date: May 4th, 2023, 1-6pm

Please note that during the winter months, there are occasional cancellations due to competitions and events- these are represented in the schedule above.