



**NASC Class Schedule: Sunday 12-Week Session
9-10:30am Nepean Sportsplex**

Month	Dates
September	24
October	1, 7*, 15, 28
November	5, 12, 19, 26
December	3, 9*, 16*

Please note that there are some days where classes have an alternative time due to events at Nepean Sportsplex. These dates are outlined below:

**December 9:* Class will be held Saturday December 9th at Nepean Sportsplex from 11:30-1pm

**December 16:* Class will be held Saturday December 9th at Nepean Sportsplex from 11:30-1pm