

Gordon College
Spring Season
March 23, 2026 – May 30, 2026

Green and Blue Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim	6 -7:30pm	6 -7:30pm	6 -7:30pm	6 -7:30pm	Practice at SJP	Practice at SJP

Green –Minimum 5 and Maximum 8 times per week with dryland 3 times per week
Blue – Minimum 3 and Maximum 4 times per week with dryland 3 times per week

White Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim	6 -7pm	6 -7pm	6 -7pm	6 -7pm	Practice at SJP	Practice at SJP

White group - Minimum 2 and Maximum 4 times per week with dryland 2-3 times per week.

Preteam Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim	6 - 6:30pm Or 6:30-7pm	6 - 6:30pm Or 6:30-7pm	6 - 6:30pm Or 6:30-7pm	6 - 6:30pm Or 6:30-7pm	No Practice	

Preteam Group swims 2 times per week for 30 minutes.

No Practice Dates:

April 20-24th

May 25th

Practices starting June 1, 2026 will be held at SJP due to pool renovations