

**North Shore Swim Club**  
**Summer Swim Program at Lexington**  
June 14<sup>th</sup> 2025 – June 30<sup>th</sup> 2025

| Program                    | Monday                                            | Tuesday                                           | Wednesday                                         | Thursday                                          | Friday                               | Saturday                                              |  |
|----------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|--------------------------------------|-------------------------------------------------------|--|
| <b>Intro to Comp. Swim</b> | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15 |                                                       |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                                                       |  |
| <b>White</b>               | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30  | 8:00-9:00<br>9:00-10:00<br>10:00-11:00<br>11:00-12:00 |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                                                       |  |
| <b>Blue</b>                | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00  | 8:00-10:00<br>10:00-12:00                             |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                                                       |  |
| <b>Green</b>               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00  | 8:00-10:00<br>10:00-12:00                             |  |

Intro to Comp. Swim Program: Monday/ Wednesday/ Friday or Tuesday/ Thursday/ Friday.

White Program: Monday/ Wednesday/ Friday/ Saturday or Tuesday/ Thursday/ Friday/ Saturday.

Blue Program: Monday/ Wednesday/ Friday/ Saturday or Tuesday/ Thursday/ Friday/ Saturday.

Green Program: Monday- Saturday.

**North Shore Swim Club**  
**Summer Swim Program at Lexington**  
 July 1<sup>st</sup> 2025 – August 3<sup>rd</sup> 2025

| <b>Program</b>             | <b>Monday</b>                                     | <b>Tuesday</b>                                    | <b>Wednesday</b>                                  | <b>Thursday</b>                                   | <b>Friday</b>                        | <b>Saturday</b> |  |
|----------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|--------------------------------------|-----------------|--|
| <b>Intro to Comp. Swim</b> | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15<br>6:30-7:15 | 3:30- 4:15<br>4:30-5:15<br>5:30-6:15 |                 |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                 |  |
| <b>White</b>               | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30<br>6:30-7:30  | 3:30-4:30<br>4:30-5:30<br>5:30-6:30  |                 |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                 |  |
| <b>Blue</b>                | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30               |                 |  |
|                            |                                                   |                                                   |                                                   |                                                   |                                      |                 |  |
| <b>Green</b>               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30<br>6:30-8:00               | 3:30-5:00<br>5:00-6:30               |                 |  |