

## Newburyport YWCA

March 18<sup>th</sup> 2024 – June 15<sup>th</sup> 2024

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green Program	6:30-8:00 PM	6:30-8:00 PM	6:30-8:00 PM	6:30-8:00 PM	Practice at SJP	Saturday AM at SJP
Blue Program	6:30-8:00 PM	6:30-8:00 PM	6:30-8:00 PM	6:30-8:00 PM	Practice at SJP	Saturday AM at SJP
White Program	6:30-7:30PM	6:30-7:30PM	6:30-7:30PM	6:30-7:30PM	Practice at SJP	Saturday AM at SJP
Preteam Program		6:30 - 7pm		6:30 - 7pm	Practice at SJP	

Monday- Thursday practice location: Newburyport YWCA.

White schedule: Minimum 2 practices/ maximum 4 practices per week for 60 minutes.

Blue schedule: Minimum 3 practices / maximum 5 practices per week for 90 minutes.

Green Schedule: Minimum 5 practice/ maximum 8 practices per week for 90 minutes. Mornings double sessions are seasonal and are by invite only.

- Practice schedule subject to change based on program needs.
- Check daily calendar for closings, swim meets, or changes.