Developmental Swimming Program

The Developmental Swimming Program serves as our introductory level for competitive swimming. This program is designed to provide a smaller practice group, allowing for enhanced attention to stroke development and encouragement for swimmers who may be hesitant to participate in daily practices.

Within the Developmental group, swimmers will receive comprehensive instruction in the four competitive strokes. They will learn the techniques of circle swimming, pace clock reading, and competition program interpretation. Additionally, strength training sets will be incorporated to prepare swimmers for progression to higher levels.

The Developmental program commences on *September 9*, *2025*, *and concludes on June 26*, *2026*. The program is primarily intended for swimmers aged 6 through 12. Swimmers enrolled in this program are expected to continue swimming until the program's end date.

Should a swimmer choose to discontinue their participation, a written notice of 60 days must be provided, along with a \$150 early termination fee. *Practices will be held on Tuesdays, Thursdays, and Fridays from 4:30 p.m. to 5:30 p.m.*

Attendance is not mandatory in the Developmental group. However, consistent attendance is strongly encouraged, as it correlates with improved results. While competition is not mandatory for this group, we strongly encourage swimmers to participate in local meets, particularly our home events.

Registration Fees and Payments:
The Developmental group is priced at \$200 per month from September to June. A non-refundable team registration fee of \$175 is due immediately. Registration fees increase to \$250 for those registering after August 1st.

Additionally, swimmers must register with USA Swimming after September 1st, incurring an additional \$98 fee that will be directly paid to USA Swimming. Payments are due on the first of each month. Checks or cash are accepted; electronic payment is not available. Checks will be manually entered into the system, potentially delaying payment recording by several days.

Swimmers are granted a five-day grace period to submit payments. Access to the account is available 24/7. Failure to make payment by the fifth of each month will result in a \$25 late fee. Checks returned for insufficient funds will incur an additional \$25 charge.

Additional Fees:

Meets, caps, team gear, and other events during the season may incur additional fees.

Swim Competitions:

Swim competitions will be offered for all skill levels. Competition is strongly encouraged. Swimmers will receive email invitations to each competition and are expected to accept or decline them. All swimmers remaining listed as Undeclared will be charged the \$25 fee. Declining a meet invitation is a straightforward process involving clicking "Accept" or "Decline" and submitting. Assistance is available upon request.

Equipment:

All swimmers are required to possess a team suit, team shirts, an SSC equipment bag, kickboard, and fins. Detailed instructions on ordering equipment will be provided.