

April 2025 USC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		1 TIME TBD ISCA SWIMMERS WILL SWIM IN FLORIDA	2 ISCA ELITE SHOWCASE	3 ISCA ELITE SHOWCASE	4 ISCA ELITE SHOWCASE	5 ISCA ELITE SHOWCASE
6	7	8	9	10	11	12
13	14 4-4:15 pm SU/S/SP/JR dynamic warm up or classroom 4:15-6:15 pm SU/S/SP/JR 6-6:15 pm SHS dynamic warm up 6:15-7:45 pm SHS/AG3/AG2/AG1	15 4-5:30 pm JR/AG3/AG2 5:30-7:30 pm SU/S/SP/SHS	16 4-4:15 pm SU/S/SP/SHS dynamic warm up 4:15-6:15 pm SU/S/SP/SHS 6:15-7:30 pm AG3/AG2/AG1	17 5:30-7 am SU/S/SP/SHS 4-5:30 pm AG3 4-6 pm JR 6-7:30 pm SU/S/SP/SHS	18 4-5:30 pm JR/AG2/AG1 5:30-7 pm SU/S/SP/SHS	19 7-7:15 am SU/S/SP/JR dynamic warm up 7:15-9:15 am SU/S/SP/JR 9:15-10:30 am AG3/AG2/AG1
20	21 4-4:15 pm SU/S/SP/JR dynamic warm up or classroom 4:15-6:15 pm SU/S/SP/JR 6-6:15 pm SHS dynamic warm up 6:15-7:45 pm SHS/AG3/AG2/AG1	22 4-5:30 pm JR/AG3/AG2 5:30-7:30 pm SU/S/SP/SHS	23 4-4:15 pm SU/S/SP/SHS dynamic warm up 4:15-6:15 pm SU/S/SP/SHS 6:15-7:30 pm AG3/AG2/AG1	24 5:30-7 am SU/S/SP/SHS 4-5:30 pm AG3 4-6 pm JR 6-7:30 pm SU/S/SP/SHS	25 4-5:30 pm JR/AG2/AG1 5:30-7 pm SU/S/SP/SHS	26 7-7:15 am SU/S/SP/JR dynamic warm up 7:15-9:15 am SU/S/SP/JR 9:15-10:30 am AG3/AG2/AG1 Yoga 12:30-1:30 pm (for those signed up)

27	28 4-4:15 pm SU/S/SP/JR dynamic warm up or classroom 4:15-6:15 pm SU/S/SP/JR 6-6:15 pm SHS dynamic warm up 6:15-7:45 pm SHS/AG3/AG2/AG1	29 4-5:30 pm JR/AG3/AG2 5:30-7:30 pm SU/S/SP/SHS	30 4-4:15 pm SU/S/SP/SHS dynamic warm up 4:15-6:15 pm SU/S/SP/SHS 6:15-7:30 pm AG3/AG2/AG1			
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