

## January 2025 USC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>NO PRACTICES</b>	2 5-6:30 pm AG3 5-7 pm JR 7-8:30 pm SU/S/SP/SHS	3 <b>CRIM MEET</b> <b>PM PRACTICE CHANGE DUE TO HOME HIGH SCHOOL MEET</b> 6:30*-7:30 pm AG3/AG2/AG1  <i>*practice will start when meet ends but no earlier than 6:30 pm</i>	4 <b>CRIM MEET</b>
5 <b>CRIM MEET</b>	6 <b>AM PRACTICE IS ONLY PRACTICE FOR SR PROGRAM DUE TO HOME HIGH SCHOOL MEET</b>  5:30-7 am SU/S/SP/SHS  PM PRACTICE CHANGE DUE TO HOME HIGH SCHOOL MEET  6:30*-8 pm JR/AG3/AG2/AG1  <i>*practice will start when meet ends</i>	7 5-6:30 pm JR/AG3/AG2  6:30-8 pm SU/S/SP/SHS	8 <b>AM PRACTICE IS ONLY PRACTICE FOR SR PROGRAM DUE TO HOME HIGH SCHOOL MEET</b>  5:30-7 am SU/S/SP/SHS  PM PRACTICE CHANGE DUE TO HOME HIGH SCHOOL MEET  6:30*-8 pm AG3/AG2/AG1  <i>*practice will start when meet ends</i>	9 5-6:30 pm AG3 5-7 pm JR 7-8:30 pm SU/S/SP/SHS	10 <b>PM PRACTICE SHIFTED 1 HOUR EARLIER DUE TO AWAY HS MEET</b>  4-5:30 pm JR/AG2/AG1  5:30-7 pm SU/S/SP/SHS	11 7-9 am SU/S/SP/JR  9-10:30 am AG3/AG2/AG1  YOGA (for those signed up) 12:30-1:30 pm

12 REACH (for those signed up) 8-9 am AG3/JR 9-10 am SU/S/SP/SHS	13 5-6:30 pm SHS/JR/AG3  6:30-8 pm AG2/AG1  6:30-8:30 pm SU/S/SP no	14 <b>AM PRACTICE IS ONLY PRACTICE FOR SR PROGRAM DUE TO HOME HIGH SCHOOL MEET</b>  <b>PM PRACTICE CHANGE DUE TO HOME HIGH SCHOOL MEET</b>  6:30*-8 pm JR/AG3/AG2  <i>*practice will start when meet ends</i>	15 5-6:30 pm AG3/AG2/AG1  6:30-8:30 pm SU/S/SP/SHS	16 5-6:30 pm AG3  5-7 pm JR  7-8:30 pm SU/S/SP/SHS	17 <b>BRONZE CHAMPS</b>  5:30-7 am SU/S/SP/SHS	18 <b>BRONZE CHAMPS</b>  7-9 am SU/S/SP/SHS/JR
19 <b>BRONZE CHAMPS</b>	20 5-6:30 pm SHS/JR/AG3  6:30-8 pm AG2/AG1  6:30-8:30 pm SU/S/SP	21 5:30-7 am SU/S/SP/SHS  5-6:30 pm JR/AG3/AG2  6:30-8 pm SU/S/SP/SHS	22 5-6:30 pm AG3/AG2/AG1  6:30-8:30 pm SU/S/SP/SHS	23 <b>AM PRACTICE FOR SR PROGRAM DUE TO HOME HIGH SCHOOL MEET</b>  <b>PM PRACTICE CHANGE DUE TO HOME HIGH SCHOOL MEET</b>  6:30*-8* pm AG3/JR  <i>*practice will start when meet ends and end no later than 8:30 pm</i>	24 5-6:30 pm JR/AG2/AG1  6:30-8 pm SU/S/SP/SHS	25 7-9 am SU/S/SP/JR  9-10:30 am AG3/AG2/AG1

26	27 <b>PM PRACTICE SHIFTED 1 HOUR EARLIER DUE TO AWAY HS MEET</b>  <b>4-5:30 pm</b> <b>SHS/JR/AG3</b>  <b>5:30-7 pm</b> <b>AG2/AG1</b>  <b>5:30-7:30 pm</b> <b>SU/S/SP</b>	28 <b>5:30-7 am</b> <b>SU/S/SP/SHS</b>  <b>5-6:30 pm</b> <b>JR/AG3/AG2</b>  <b>6:30-8 pm</b> <b>SU/S/SP/SHS</b>	29 <b>5-6:30 pm</b> <b>AG3/AG2/AG1</b>  <b>6:30-8:30 pm</b> <b>SU/S/SP/SHS</b>	30 <b>5-6:30 pm</b> <b>AG3</b>  <b>5-7 pm</b> <b>JR</b>  <b>7-8:30 pm</b> <b>SU/S/SP/SHS</b>	31 <b>5-6:30 pm</b> <b>JR/AG2/AG1</b>  <b>6:30-8 pm</b> <b>SU/S/SP/SHS</b>	
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