

July 2023 USC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 7-9 am @ Harvard (Blodgett Pool) SU/S/SP/JR
2	3 6:30-8 am @ Quail SU/S/SP/HS 8-9:30 am @ Quail JR/AG3	4 NO PRACTICES DUE TO THE HOLIDAY	5 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	6 6:30-8:30 am @ AB SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP	7 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH) NO PRACTICES DUE TO SWIM MEET	8 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH)
9 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH)	10 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE @ QUAIL DUE TO WEATHER	11 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	12 6:30-8:30 am @ AB SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	13 NE SENIORS AT BROWN 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE @ QUAIL	14 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN 3:45-5:15 pm @ AB AG2/AG1	15 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN 7-9 am @ Harvard (Blodgett Pool) S/SP/JR/HS
16 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN	17 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/	18 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	19 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	20 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/	21 11-14 CHAMPS AT HARVARD 6:15-7:55 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG2/AG1	22 11-14 CHAMPS AT HARVARD 7-9 am @ AB SU/S/SP/HS/JR 9-10:30 am @ AB AG3/AG2/AG1

	potential double for SU/S/SP			potential double for SU/S/SP		
23 11-14 CHAMPS AT HARVARD	24 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP	25 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 NO PM PRACTICE AT QUAIL DUE TO WEATHER	26 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR	27 6:30-8:30 am @ AB SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE AT QUAIL DUE TO WEATHER	28 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH) NO PRACTICES DUE TO SILVER CHAMPS	29 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH) 7-9 am @ Harvard (Blodgett Pool) Senior Zones Swimmers
30 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH)	31 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP					