

July 2023 USC Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|--|
| | | | | | | 1 7-9 am @ Harvard (Blodgett Pool) SU/S/SP/JR |
| 2 | 3 6:30-8 am @ Quail SU/S/SP/HS 8-9:30 am @ Quail JR/AG3 | 4 NO PRACTICES DUE TO THE HOLIDAY | 5 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 6 6:30-8:30 am @ AB SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP | 7 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH) NO PRACTICES DUE TO SWIM MEET | 8 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH) |
| 9 SOLO MEET AT JENNY THOMPSON POOL (DOVER, NH) | 10 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE @ QUAIL DUE TO WEATHER | 11 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 12 6:30-8:30 am @ AB SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 13 NE SENIORS AT BROWN 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE @ QUAIL | 14 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN 3:45-5:15 pm @ AB AG2/AG1 | 15 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN 7-9 am @ Harvard (Blodgett Pool) S/SP/JR/HS |
| 16 NE SENIORS AT BROWN 10&UNDER CHAMPS AT BROWN | 17 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ | 18 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 19 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 20 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ | 21 11-14 CHAMPS AT HARVARD 6:15-7:55 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG2/AG1 | 22 11-14 CHAMPS AT HARVARD 7-9 am @ AB SU/S/SP/HS/JR 9-10:30 am @ AB AG3/AG2/AG1 |

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| | potential double for SU/S/SP | | | potential double for SU/S/SP | | |
| 23 11-14 CHAMPS AT HARVARD | 24 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP | 25 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 NO PM PRACTICE AT QUAIL DUE TO WEATHER | 26 6:30-8:30 am @ Quail SU/S/SP 3:45-5:15 pm @ AB AG3/AG2/AG1 7:30-9 pm @ Quail HS/JR | 27 6:30-8:30 am @ AB SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 NO PM PRACTICE AT QUAIL DUE TO WEATHER | 28 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH) NO PRACTICES DUE TO SILVER CHAMPS | 29 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH) 7-9 am @ Harvard (Blodgett Pool) Senior Zones Swimmers |
| 30 SILVER CHAMPS AT JENNY THOMPSON POOL (DOVER, NH) | 31 6:30-8:30 am @ Quail SU/S/SP 3:15-5:15 pm @ AB JR 3:15-4:45 pm @ AB AG3 7:30-9 pm @ Quail HS/College/ potential double for SU/S/SP | | | | | |