



# YNS SHARKS FOOD DRIVE: MAKE A WAVE OF GIVING!

Helping Our Neighbors This Holiday Season

## YOUR DONATION FEEDS OUR COMMUNITY

### BENEFITING LOCAL PANTRIES:

- ♥ The Salem Pantry
- ♥ Marblehead Food Pantry
- ♥ Beverly Bootstraps
- ♥ The Open Door – Ipswich



### MOST NEEDED ITEMS:

- Peanut Butter
- Canned tuna, salmon & chicken
- Boxed Pasta
- Canned Soup
- Canned Vegetables & Fruits
- Cereal
- Ground Coffee
- Oatmeal
- Rice



### WHEN AND WHERE TO DONATE:

#### 🕒 WHEN:

**EARLY  
DROP OFF:**

Monday, Nov. 24th –  
Wednesday, Dec. 3rd

**SWIM MEET  
DROP OFF:**

Weekend of  
Dec. 5th – 7th

#### 📍 WHERE:



Local Dropoff at Your YNS Training Site:  
(Beverly, Ipswich, Salem, or Marblehead)



Greater Beverly Y (Reid Sacco Swim  
Meet).

Note: All contributions after Dec. 3rd, including those from visiting teams, should be brought to the meet.

### Additional Questions?

Contact Dave Modzelewski, Head Coach  
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