

New England Zone Team Long Course ITINERARY

Monday, August 4th - **PLEASE BRING A BAGGED LUNCH FOR THE BUS RIDE**

- 7:00 AM: Depart from the Auburn Park and Ride, 60 Midstate Drive, Auburn, MA 01501. Arrive no later than 6:45AM to load bus and depart on schedule.
- 5:30 PM (estimated): Check in at **Springhill Suites Chester** 12301 Redwater Creek Road Chester, VA 23831
- 6:30 PM (estimated): Dinner at Springhill Suites

Tuesday, August 5th -

- Morning Team activities
- 3:00 PM (Tentative): Practice at Collegiate School Aquatic Center Richmond, VA
- 4:30 PM (Tentative): Team Picture
- 5:30 PM: Return to the Hotel
- 6:30 PM: Team Dinner (All Swimmers)
- 10:00 PM: Lights Out for all 11 & Over Swimmers

Wednesday – Friday August 6-9th

- 6:45 AM: Depart for pool
- 12:30 PM (or as soon as prelims finished): Depart pool for hotel
- Lunch at the hotel for all 11 & Over swimmers and Coaches
- 3:45 PM: ALL swimmers return to the pool for finals
- 8:00 PM: Depart for hotel
- Dinner at the hotel once the swimmers return to the hotel
- 10:00 PM: Lights Out for all 11 & Over Swimmers
- ***FRIDAY: Team Dinner (ALL SWIMMERS)***

Saturday

- 6:45 AM: Depart for pool
- 12:30 PM (or as soon as prelims finished): Depart pool for hotel
- Lunch at the hotel for all 11 & Over swimmers and Coaches
- 3:45 PM: ALL swimmers return to the pool for finals
- 8:30 PM: Depart for Home.

RETURN:

- Bus leaves SATURDAY, AUGUST 9th after FINALS (usually around 8:30 PM) and go back to pick up spot to arrive early Sunday morning. Auburn Park and Ride, 60 Midstate Drive, Auburn, MA.

New England Zone Team Long Course 10 & Under Swimmers ITINERARY

Swimmers are strongly encouraged to be at the meet from Wednesday to Saturday regardless of their individual event schedule. Swimmers may be in a relay and should be cheering on their teammates. (Relay lineups will be announced the night before but could change up until the start of the event)

Tuesday, August 5th - Arrive in VA

- 3:00 PM (Tentative): Practice at Collegiate School Aquatic Center Richmond, VA
- 4:30 PM (Tentative): Team Picture
- 6:30 PM: Team Dinner (All Swimmers)

Wednesday – Friday August 6-9th

- Warm Up is still to be determined. We will have a better idea after July 29th when entries are due.
- 1:00 PM: Start of Meet
- ***FRIDAY: Team Dinner (ALL SWIMMERS)***

Saturday

- Warm Up is still to be determined. We will have a better idea after July 29th when entries are due.
- 1:00 PM: Start of Meet
- Once the 10 & Under meet is concluded and all awards have been given. All swimmers are free to leave.