



Fall Session 2023

The Liverpool Jets athletes and coaches will be back poolside shortly looking to get the 2023-2024 chapter rolling. We are thrilled to be back home in the recently renovated LHS POOL! Training sessions will focus on rebuilding technique while bringing in the training component that will allow us to develop the endurance and sprinting abilities of our athletes in all four competitive strokes. Space is limited...but we will do our best to create opportunities for interested athletes. Questions – Contact Coach Zac 315-569-5387 or zmekker@gmail.com.



2023 FALL TRAINING OPTIONS

SENIOR/JUNIOR – (SEPT 25-NOV 19)

\$330* (Payment Plan 2 x \$175) – 4-5 practices per week typically 1.5 to 2 hours in length



AG2/AG1 – (SEPT 25-NOV 19):

\$310* (Payment Plan 2 x \$160) – 4 practices/wk 1.5 hours in length

[CLICK HERE](#)

[FOR OUR OCTOBER SCHEDULE](#)

AG GIRLS MODIFIED (OCT 23-NOV 19):

\$165 – 3-4 practices per week typically 1.5 hours in length, *(Girls in grades 7-8 swimming scholastically)*

DEVELOPMENTAL (SEPT 25-NOV 19):

\$165 (Payment Plan 2 x \$90) – typically 2 practices per week (Monday/Saturday OR Friday/Saturday)

*Payment Plans are available for some of our training options. Credit Cards will be billed at registration and on Nov 1st. [Outreach programs are also available](#) for those seeking financial assistance. See our website for details.

REGISTRATION PROCESS

ALL REGISTRATIONS WILL NOW TAKE PLACE ONLINE.

**HEAD TO THE JETS WEBSITE AND SELECT THE
“SWIM TEAM REGISTRATION” BUTTON.**



REGISTRATION WINDOW: Returning ~ Sept 6-14th, NEW Swimmers: by invite Sept 15

PAYMENTS WILL BE PROCESSED WITH A CREDIT CARD.

USA REGISTRATION: All athletes must be registered with USA Swimming for 2023 (once annually). NEW Athletes will be registered AFTER they complete a 2-day trial. This is completed through the USA Swimming website. A link will be sent after the registration and trial is complete.

Once Capacity Limits have been hit for a training group, athletes will be added to waiting lists. In this case, money will not be collected until an athlete has been provided a spot on a roster.