

Welcome to TWST! As a parent, you play a crucial role in the success and positive experience of your child's swimming journey. To ensure a supportive and respectful environment for all athletes, coaches, and families, we have established the following Parent Code of Conduct. Please read and adhere to these guidelines to foster a positive and productive atmosphere.

General Conduct

- **Supportive Atmosphere:** Encourage your child and all team members with positive reinforcement. Focus on effort and improvement rather than the outcome of the competition.
- **Respect:** Show respect to all coaches, athletes, officials, and other parents. Avoid negative comments or behaviors that could disrupt the team environment.
- **Sportsmanship:** Promote good sportsmanship by demonstrating respect and courtesy, and by being a positive role model for your child and others.

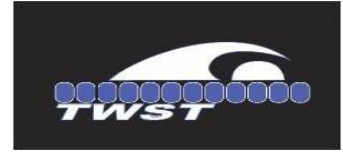
Inclusion and Respect

- **Non-Discrimination:** Demonstrate respect for all athletes, coaches, officials, and parents, regardless of race, gender, sexual orientation, religion, or any other characteristic. Discriminatory behavior or language, including sexist, racist, or homophobic remarks, is strictly prohibited.
- **Zero Tolerance for Discrimination:** Any form of discrimination or harassment will not be tolerated. Violations may result in immediate disciplinary action, including suspension or removal from the team.

Communication with Coaches

TWST encourages open communication between parents and coaches to foster a supportive environment. However, it is important to adhere to the guidelines outlined in this code of conduct to maintain a respectful and productive atmosphere for all.

- **Appropriate Channels:** Follow the team's established communication channels. Use official team communication methods (email, team app, etc.) for routine questions and information.
- **Respecting Coach's Time:** Understand that coaches have busy schedules and limited time. Avoid excessive or non-urgent communication that could distract from their focus on training and developing athletes.
- **Scheduled Meetings:** If you have concerns or need to discuss your child's progress, request a meeting with the coach at an appropriate time. Avoid approaching coaches during practice, competitions, or when they are with the athletes.
- **Obtrusive Behavior:** Avoid any form of obtrusive behavior that interferes with the coach's ability to conduct practice or competitions. This includes, but is not limited to:
 - Over-communicating with coaches during practice or meets.
 - Approaching the coaching area or pool deck without permission.
 - Making demands or placing undue pressure on coaches or officials.
- **Professional Boundaries:** Respect the professional boundaries set by the coaches and officials. Understand that their primary focus is on the athletes' training and development.



- **Zero Tolerance for Disruptive Behavior:** Any behavior that disrupts the team environment, including confrontations, verbal abuse, or interference with the coach's duties, will not be tolerated. Such actions may result in disciplinary measures, including suspension or removal from the team.
- **Constructive Feedback:** When providing feedback, do so in a constructive manner. Focus on solutions and positive outcomes rather than criticisms.

During Practices and Competitions

- **Sideline Coaching:** Refrain from coaching your child or other athletes during practices or competitions. Trust the coaches to guide the athletes.
- **Observation:** Parents are welcome to observe practices and competitions but should do so from designated areas and without interfering.
- **Encouragement:** Cheer for all team members and encourage their efforts. Avoid putting pressure on your child to win or achieve specific results.

Conflict Resolution

- **Addressing Issues:** If you have concerns about coaching methods, team policies, or other issues, address them directly with the head coach or team administration, following the proper channels.
- **Positive Approach:** Approach conflicts with a positive and cooperative attitude. Aim to resolve issues in a manner that benefits all parties and maintains a positive team environment.

Commitment to the Team

- **Attendance and Punctuality:** Ensure your child attends practices and competitions regularly and arrives on time.
- **Volunteer and Support:** Participate in team activities, volunteer opportunities, and fundraising efforts to support the team's goals and operations.

Acknowledgement

By joining our competitive swim team, you agree to adhere to this Parent Code of Conduct. Your cooperation and commitment help create a positive and successful experience for all athletes. Thank you for your support and understanding.

**Parent/Guardian Name: _____ Date: _____

**Signature: _____