



2023 BAAC Holiday Meet

Sunday, December 10, 2023

Sanction # NI-2324-062

Hosted by:



MEET DIRECTOR Martina Puzanovova puzanov@earthlink.net	MEET REFEREE David Borden dborden14@yahoo.com	CLUB OFFICIALS CHAIR Thomas Killian killiatd@gmail.com
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Niagara Swimming: NI-2324-062. In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Buffalo Area Aquatic Club, and Sweet Home Central School District shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">Sweet Home High School 1901 Sweet Home Road Amherst, NY 14228</p> <ul style="list-style-type: none"> 8 lanes, 25 yards Water depth range of 11' – 12' at the starting end and 4' – 4.5' at the turning end. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
ENTRY DEADLINE	<p style="text-align: center;">Monday, December 4, 2023, 11:59 PM</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">Sunday, December 10, 2023</p> <p style="text-align: center;">Session #1, Warmup 10:30 AM – 11:20 AM, Session Start 11:30 AM</p> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> Open to all registered USA Swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Daktronics automatic electronic timing system with gutter mounted touch pads, horn start and scoreboard readout.
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker

	<p>rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <ul style="list-style-type: none"> • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals. • The swimmer's age on the first day of the meet will determine the age for the entire meet. • Individual swimmers may enter a maximum of 4 individual events for the meet. • The meet director reserves the right to limit entries in any event to run the meet within the time allocated. • Entries will be accepted on a first-come, first-served basis.
POSITIVE CHECK IN	<ul style="list-style-type: none"> • Events #19 & #20 - 500 Freestyle will require positive check in by the end of the warmup period.
WARM-UP	<ul style="list-style-type: none"> • The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments. • Lane assignments for the warmup period will be communicated to the coaches in advance of the meet.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. • Swimmers must remain in designated areas of the building
SEEDING	<ul style="list-style-type: none"> • All events will be pre-seeded, slow to fast except for the 500 Freestyle which will be deck seeded, fast to slow after the positive check-in period has ended.
SCORING	<ul style="list-style-type: none"> • The meet will not be scored
AWARDS	<ul style="list-style-type: none"> • No awards will be given at this meet
PROGRAMS	<ul style="list-style-type: none"> • Programs will be available online and heat sheets and unofficial results will be posted to Meet Mobile.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> • Admission charge of \$3.00 will be charged for all spectators 10 & over.
OFFICIALS	<ul style="list-style-type: none"> • Officials interested in volunteering should contact Thomas Killian killiatd@gmail.com. • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede the session during warm-ups.

TIMERS	<ul style="list-style-type: none"> • The host team will provide timers for all events except the 500 Freestyle. Swimmers will be responsible for providing their own timer and counter for the 500 Freestyle.
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted by email to baac.meets@gmail.com. • Include in the subject of the email, "2023 BAAC Holiday Meet". If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p style="text-align: center;">Per Swimmer Surcharge: \$10.00 Individual event fee: \$5.00</p> <ul style="list-style-type: none"> • Make checks payable to Buffalo Area Aquatic Club. • Checks may be mailed to: Buffalo Area Aquatic Club, P.O. Box 425, Getzville. NY 14068 • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. Payment may be made by cash or check. • Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.

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Session #1 – 11:30 AM Start

Sunday

GIRLS	EVENT	BOYS
1	Open 200 Freestyle	2
3	12 & Under 50 Breaststroke	4
5	Open 200 Breaststroke	6
7	Open 100 Freestyle	8
9	Open 200 Backstroke	10
11	12 & Under 50 Backstroke	12
13	Open 100 Individual Medley	14
15	Open 200 Butterfly	16
17	12 & Under 50 Butterfly	18
19	Open 500 Freestyle	20