

JUNIOR PRACTICE SCHEDULE 9/4/18 – 10/21/18

YOGA
 DRY LAND
 COMMENTS

Wednesday	8-Aug		SUMMER BREAK	
to			SUMMER BREAK	
Monday	3-Sep		SUMMER BREAK	
Tuesday	4-Sep	BAC	3:45 – 5:15 pm	
Wednesday	5-Sep		OFF	
Thursday	6-Sep	BAC	3:45 – 5:15 pm	
Friday	7-Sep		OFF	
Saturday	8-Sep		OFF	
Sunday	9-Sep		OFF	
Monday	10-Sep	BAC	3:45 – 5:30 pm	
Tuesday	11-Sep	BAC	3:45 – 5:30 pm	
Wednesday	12-Sep	BAC	3:45 – 5:30 pm	
Thursday	13-Sep	BAC	3:45 – 5:30 pm	
Friday	14-Sep	BAC	3:45 – 5:30 pm	
Saturday	15-Sep		OFF	
Sunday	16-Sep		OFF	
Monday	17-Sep	BAC	3:45 – 5:30 pm	
Tuesday	18-Sep	BAC	3:45 – 5:30 pm	
Wednesday	19-Sep	BAC	3:45 – 5:30 pm	
Thursday	20-Sep	BAC	3:45 – 5:30 pm	
Friday	21-Sep	BAC	3:45 – 5:30 pm	
Saturday	22-Sep		OFF	
Sunday	23-Sep		OFF	
Monday	24-Sep	BAC	3:45 – 5:45 pm	
Tuesday	25-Sep	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Wednesday	26-Sep	BAC	3:45 – 5:20 pm	YOGA 5:30-6:10 pm
Thursday	27-Sep	BAC	3:45 – 5:45 pm	
Friday	28-Sep	BAC	3:45 – 5:45 pm	
Saturday	29-Sep	BAC FALL SPLASH MEET @ BAC	OFF	
Sunday	30-Sep		OFF	
Monday	1-Oct	BAC	3:45 – 5:45 pm	
Tuesday	2-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Wednesday	3-Oct	BAC	3:45 – 5:20 pm	YOGA 5:30-6:10 pm
Thursday	4-Oct	BAC	3:45 – 5:45 pm	
Friday	5-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Saturday	6-Oct	BAC	7:45 - 9:20 AM	YOGA 9:30 - 10:15am
Sunday	7-Oct		OFF	
Monday	8-Oct	BAC	3:45 – 5:45 pm	
Tuesday	9-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Wednesday	10-Oct	BAC	3:45 – 5:20 pm	YOGA 5:30-6:10 pm
Thursday	11-Oct	BAC	3:45 – 5:45 pm	
Friday	12-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Saturday	13-Oct	BAC	7:45 - 9:20 AM	YOGA 9:30 - 10:15am
Sunday	14-Oct		OFF	
Monday	15-Oct	BAC	3:45 – 5:45 pm	
Tuesday	16-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Wednesday	17-Oct	BAC	3:45 – 5:20 pm	YOGA 5:30-6:10 pm
Thursday	18-Oct	BAC	3:45 – 5:45 pm	
Friday	19-Oct	BAC	3:45 – 5:20 pm	DRY LAND 5:30-6:00 pm
Saturday	20-Oct	CHAPPYS @ Long Island	OFF	
Sunday	21-Oct		OFF	