

Practice schedule 8/30-10/15/16

DATE	SENIOR	JUNIOR
29-Aug-16		
30-Aug-16	7-8:15 Optional sc NPCP	
31-Aug-16	7-8:15 Optional sc NPCP	
01-Sep-16	7-8:15 Optional sc NPCP	
02-Sep-16		
03-Sep-16		
04-Sep-16		
05-Sep-16		
06-Sep-16	4:00-5:30 NPCP	
07-Sep-16	4:00-5:30 NPCP	
08-Sep-16	4:00-5:30 NPCP	
09-Sep-16		
10-Sep-16		
11-Sep-16		
12-Sep-16	4:00-5:30 NPCP	
13-Sep-16	4:00-5:30 NPCP	4:00-5:30 NPCP
14-Sep-16	4:00-5:30 NPCP	
15-Sep-16	4:00-5:30 NPCP	4:00-5:30 NPCP
16-Sep-16		
17-Sep-16		
18-Sep-16		
19-Sep-16	4-6:00	4:00-5:30 PM
20-Sep-16	4-6:00	4:00-5:30 PM
21-Sep-16	4-6:00 Yoga	4:00-5:15 PM Yoga
22-Sep-16	4-6:00	4:00-5:30 PM
23-Sep-16	4-6:00	4:00-5:30 PM
24-Sep-16		
25-Sep-16		
26-Sep-16	4-6:00	4:00-5:45 PM
27-Sep-16	4-6:00	4:00-5:45 PM
28-Sep-16	4-6:00 Yoga	4:00-5:15 PM Yoga
29-Sep-16	4-6:00	4:00-5:45 PM
30-Sep-16	4-6:00 dryland	4:00-5:30 dryland
01-Oct-16		
02-Oct-16		
03-Oct-16	3:45-6:00	4:00-5:45 PM
04-Oct-16	3:45-6:00 dryland	4:00-5:45 PM
05-Oct-16	3:45-6:00 Yoga	4:00-5:15 PM Yoga
06-Oct-16	3:45-6:00	4:00-5:45 PM
07-Oct-16	3:45-6:00 dryland	4:00-5:30 dryland
08-Oct-16	8-10:15 Yoga	9:00 Yoga only
09-Oct-16		
10-Oct-16	3:45-6:00	4:00-5:45 PM
11-Oct-16	3:45-6:00 dryland	4:00-5:45 PM
12-Oct-16	5:30-7:00 3:45-6:00 Yoga	4:00-5:15 PM Yoga
13-Oct-16	3:45-6:00	4:00-5:45 PM
14-Oct-16	3:45-6:00 dryland	4:00-5:45 PM
15-Oct-16	8-10:15 Yoga	8-9:15 Yoga
16-Oct-16		