

## Practice schedule 12/4/16-1/22/17

DATE	SENIOR	JUNIOR
19-Feb-17		
20-Feb-17	3:45-6:15	4:00-6:00
21-Feb-17	5:30-7:00 3:45-6:15 Dry	4:00-6:00 Dry
22-Feb-17	3:45-6:15 Yoga	4:00-6:00 Yoga
23-Feb-17	5:30-7:00 3:45-6:15	4:00-6:00
24-Feb-17	Salmon Run 3:45-5:30 Dry	3:45-5:00 Dry
25-Feb-17	12/under sil/Brnz 8:00-10:15 AM Yoga	8:00-9:30 AM Yoga
26-Feb-17	12/under sil/Brnz	
27-Feb-17	3:45-6:15	4:00-6:00
28-Feb-17	3:45-6:15 Dry	4:00-6:00 Dry
01-Mar-17	3:45-6:15 Yoga	4:00-6:00 Yoga
02-Mar-17	3:45-6:15	4:00-6:00
03-Mar-17	3:45-5:30 Dry	3:45-5:00 Dry
04-Mar-17	13/over Sil/Bronz 8:00-10:15	8:00-9:30
05-Mar-17	13/over Sil/Bronz	
06-Mar-17	3:45-6:15	4:00-6:00
07-Mar-17	3:45-6:15 Dry	4:00-6:00 Dry
08-Mar-17	3:45-6:15 Yoga	4:00-6:00 Yoga
09-Mar-17	Senior Champs 3:45-5:00	4:00-6:00
10-Mar-17	Senior Champs 3:45-5:00 Dry	3:45-5:00 Dry
11-Mar-17	Senior Champs 8:00-9:30 AM Yoga	8:00-9:30 AM Yoga
12-Mar-17	Senior Champs	
13-Mar-17	Monday mayhem 3:45-5:15	4:00-5:00
14-Mar-17	3:45-5:45 Dry	4:00-6:00 Dry
15-Mar-17	3:45-5:45 Yoga	4:00-6:00 Yoga
16-Mar-17	3:45-5:45	4:00-6:00
17-Mar-17	14/under NJJO's 3:45-5:45	3:45-5:00 Dry
18-Mar-17	14/under NJJO's 8:00-9:30	8:00-9:30
19-Mar-17	14/under NJJO's	
20-Mar-17	3:45-5:45	4:00-6:00
21-Mar-17	3:45-5:45	4:00-6:00 Dry
22-Mar-17	3:45-5:45 Yoga	4:00-6:00 Yoga
23-Mar-17	3:45-5:45	4:00-6:00
24-Mar-17	3:45-5:45	3:45-5:00 Dry
25-Mar-17	8:00-9:30 AM	8:00-9:30 AM Yoga
26-Mar-17		
27-Mar-17	3:45-5:30	3:45-5:30
28-Mar-17	3:45-5:30	3:45-5:30
29-Mar-17	3:45-5:30	3:45-5:30
30-Mar-17	Sectional Indi 3:45-5:30	3:45-5:30
31-Mar-17	Sectional Indi 3:45-5:30	3:45-5:30
01-Apr-17	Sectional Indi 8:00-9:30 AM Yoga	8:00-9:30 AM Yoga
02-Apr-17	Sectional Indi	
03-Apr-17	3:45-5:30	3:45-5:30
04-Apr-17	3:45-5:30	3:45-5:30
05-Apr-17	3:45-5:30	3:45-5:30
06-Apr-17	3:45-5:30	3:45-5:30
07-Apr-17	Off	Off
08-Apr-17	Off	Off
09-Apr-17	Off	Off
10-Apr-17	Off	Off
11-Apr-17	3:45-5:30	3:45-5:30
12-Apr-17	3:45-5:30	3:45-5:30
13-Apr-17	3:45-5:30	3:45-5:30
14-Apr-17	Off	Off
15-Apr-17	Off	Off
16-Apr-17	Off	Off
17-Apr-17	Off	Off
18-Apr-17	3:45-6:15 Dry	4:00-6:00 Dry
19-Apr-17	3:45-6:15 Yoga	4:00-6:00 Yoga
20-Apr-17	3:45-5:00	4:00-6:00
21-Apr-17	3:45-5:00 Dry	3:45-5:00 Dry
22-Apr-17	8:00-9:30 AM Yoga	8:00-9:30 AM Yoga
23-Apr-17		